

HSC Child Care Programs

Week of November 2 to November 6, 2009

Monday Nov 2	Tuesday Nov 3	Wednesday Nov 4	Thursday Nov 5	Friday Nov 6
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Party Mix Cereal	Whole Wheat Toast Fruit Yogurt	Waffles with Syrup	Eggs & Turkey Sausage Whole Wheat Toast	*Raisin Toast Oranges
Lunch	Lunch	Lunch	Lunch	Lunch
Pizza Mixed Veggies Apples	Meat Balls with Gravy Rice Pilaf Diced Carrots & Corn Fresh Pears	Chicken Burger Chopped Broccoli Fresh Fruit	Lasagna Green Beans Watermelon	Bean & Cheese Burrito Beans Fruit Salad
Alternative Lunch	Alternative Lunch	Alternative Lunch	Alternative Lunch	Alternative Lunch
Cheese Pizza Mixed Veggies Apples	Rice Pilaf Soy Meat Balls w/Gravy Diced Carrots & Corn Fresh Pears	Veggie Burger Chopped Broccoli Fresh Fruit	Vegetable Lasagna Green Beans Watermelon	same as above
Snack	Snack	Snack	Snack	Snack
Fresh Pineapple	Vanilla Wafers	Granola Bar	Bananas	Cheez-its

***plain toast or pancakes for Infants**