

HSC Child Care Programs

Week of November 9 to November 13, 2009

Monday Nov 9	Tuesday Nov 10	Wednesday Nov 11	Thursday Nov 12	Friday Nov 13- Staff Development Day
Breakfast	Breakfast	Breakfast	Breakfast	
Rice Crispy Cereal	*French Toast with Syrup	Pancakes with Syrup	Oatmeal with Raisins	CENTER CLOSED
Lunch	Lunch	Lunch	Lunch	
Chicken Nuggets Noodles Cooked Carrots Apples	Fish Sticks Brown Rice Mixed Veggies Grapes	Cheese Enchilada Greens & Corn Watermelon	BBQ Chicken Rice Chopped Broccoli Fresh Pears	
Alternative Lunch	Alternative Lunch	Alternative Lunch	Alternative Lunch	
Noodles Soy Nuggets Cooked Carrots Apples	same as above	same as above	Soy Nuggets Rice Chopped Broccoli Fresh Pears	
Snack	Snack	Snack	Snack	
Banana Bread	Jello with Fruit Crackers	Bananas	Pita Bread with Cream Cheese	

***plain toast or pancakes for Infants**