

October 2006

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 <i>Mind-Body Wellness, 7:00; Varsity Lounge "Stages of Injury"</i>	5	6	7
8	9 <i>SAAC Mtg. @ 7:00</i>	10 <i>Take C.H.A.R.G.E. Workshop: "Success; Choices"</i>	11 <i>Mind-Body Wellness, 7:00; Wide Receivers' Rm. "Goal-setting"</i>	12	13	14
15	16 <i>Health & Wellness Mtg. @ 10:00</i>	17	18 <i>Mind-Body Wellness, 7:00; Wide Receivers' Rm. "Self-talk"</i>	19	20	21
22	23 <i>SAAC Mtg. @ 7:00</i>	24 <i>Take C.H.A.R.G.E. Workshop: "Mastery"</i>	25 <i>Mind-Body Wellness, 7:00; Varsity Lounge "Relaxation"</i>	26	27	28
29	30	31				