

Survey on Health and Lifestyles

November 1999
Nihon University Center for Information Networking
Chuo Research

Branch Number	Area Number	Subject Number	Name of Interviewer	Name of Inspector

(Note to Interviewer) Although, in general, interviews are to be conducted with a sample person, if the subject is incapable of being interviewed due to illness or another cause, the interview may be conducted with a proxy. This proxy must be someone who has been helping the subject in his or her daily existence for some time, and must be either a family member or someone who has been living with the subject.

(1) Date of interview

Mo. Day

(2) Number of visits

Times`

(3) Time needed to conduct the interview

Min.

(Starting from) ____ Hr. ____ Min.
 (Finishing at) ____ Hr. ____ Min.

(Note to Interviewer) Please include time used by the subject to attend to personal affairs or to rest.

(Person Giving Responses)

1. The Subject

2. Proxy

(Refer to the first "Note to interviewer" on the next page)

(Reason the proxy is the respondent rather than the sample person)

1. The subject has been hospitalized
2. The subject has been moved to an institution for health (physical or psychological) reasons.
3. The subject has been moved to an institution for reasons other than health (e.g. subject has been incarcerated).
4. The subject has difficulties hearing .
5. The subject has difficulties speaking.
6. The subject is experiencing memory loss, confusion or imparied consciousness, etc.
7. The subject is experiencing dementia.
8. The subject is experiencing some other form of psychological disorder.
9. The subject has a physical illness or disability.
10. The subject cannot respond for other reasons unrelated to health. Please explain:

S Q. When was the subject hospitalized or moved to the institution?

(Note to interviewer) If the subject has been hospitalized or entered an institution on more than one occasion, please record the most recent case.

Japanese era

1. Showa

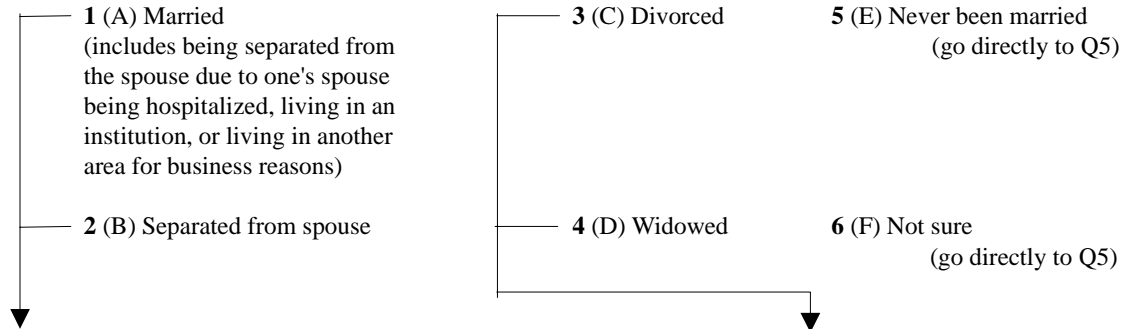
yr. mo.

Not sure

2. Heisei

Q 2. [Answer sheet 1] The next questions you will be asked concern your (subject's) family.

First, what is your (subject's) current marital status?



<p>Q3. (1) Is this current marriage your (subject's) first marriage? Or have you (subject) remarried?</p> <p>1 First marriage 2 Remarried</p>	<p>Q4. (1) (For those divorced or widowed) Was this your (subject's) first marriage? Or had you (subject) remarried?</p> <p>1 First Marriage 2 Remarried</p>
<p>Q3. (2) On what date did you (subject) officially marry? (In reference to the current spouse)</p> <p>Japanese era <input type="text"/></p> <p>1. Taisho 2. Showa <input type="text"/> yr. <input type="text"/> mo. 3. Heisei</p>	<p>Q4. (2) On what date did you (subject) officially marry?</p> <p>Japanese era <input type="text"/></p> <p>1. Taisho 2. Showa <input type="text"/> yr. <input type="text"/> mo. 3. Heisei</p>
<p>Q3. (3) Was this a "marriage of love" or an arranged marriage?</p> <p>1 Marriage of love 2 Arranged marriage 3 Other 4 Not sure</p>	<p>Q4. (3) Was this a "marriage of love" or an arranged marriage?</p> <p>1 Marriage of Love 2 Arranged marriage 3 Other 4 Not sure</p>
<p>Q3. (4) Is this your (subject) current spouse's first marriage or has he/she been married before?</p> <p>1 First marriage 2 Married before</p>	<p>Q4. (4) (For those divorced) When were you (subject) officially divorced?</p> <p>(For those widowed) When did your husband/wife pass away?</p> <p>Japanese era <input type="text"/></p> <p>1. Taisho 2. Showa <input type="text"/> yr. <input type="text"/> mo. 3. Heisei</p>
<p>Q3. (5) What is your (subject's) date of birth?</p> <p>Japanese era <input type="text"/></p> <p>1. Meiji 2. Taiho <input type="text"/> yr. <input type="text"/> mo. 3. Showa</p>	<p>Q4. (5) (For those widowed) How old was your (subject's) husband/wife when he/she passed away?</p> <p><input type="text"/><input type="text"/><input type="text"/> yrs.</p>

(To all respondents)

Q5. How many are there in your (subject's) household, including yourself (subject) (including those who are temporarily hospitalized)?

Q6. (1) Please give the relationship to you (subject), age, and gender of the other members of the household.

(2) Who is the head of the household?

(Note to interviewer)

- Please circle all of the numbers that identify family members (1 through 12).
- Please record the age of the subject from Q1 and confirm the subject's date of birth from the family's registrar.

	Relationship to subject	Relationship	Age	Gender	Head of Household
01	Subject	<input style="width: 40px; height: 20px; border: 1px solid black;" type="text" value="0"/>	<input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> yrs	1.male 2.female	1
02	Subject's	<input style="width: 40px; height: 20px; border: 1px solid black;" type="text"/>	<input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> yrs	1.male 2.female	1
03	Subject's	<input style="width: 40px; height: 20px; border: 1px solid black;" type="text"/>	<input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> yrs	1.male 2.female	1
04	Subject's	<input style="width: 40px; height: 20px; border: 1px solid black;" type="text"/>	<input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> yrs	1.male 2.female	1
05	Subject's	<input style="width: 40px; height: 20px; border: 1px solid black;" type="text"/>	<input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> yrs	1.male 2.female	1
06	Subject's	<input style="width: 40px; height: 20px; border: 1px solid black;" type="text"/>	<input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> yrs	1.male 2.female	1
07	Subject's	<input style="width: 40px; height: 20px; border: 1px solid black;" type="text"/>	<input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> yrs	1.male 2.female	1
08	Subject's	<input style="width: 40px; height: 20px; border: 1px solid black;" type="text"/>	<input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> yrs	1.male 2.female	1
09	Subject's	<input style="width: 40px; height: 20px; border: 1px solid black;" type="text"/>	<input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> yrs	1.male 2.female	1
10	Subject's	<input style="width: 40px; height: 20px; border: 1px solid black;" type="text"/>	<input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> yrs	1.male 2.female	1
11	Subject's	<input style="width: 40px; height: 20px; border: 1px solid black;" type="text"/>	<input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> yrs	1.male 2.female	1
12	Subject's	<input style="width: 40px; height: 20px; border: 1px solid black;" type="text"/>	<input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> <input style="width: 20px; height: 20px; border: 1px solid black;"/> yrs	1.male 2.female	1

(Relationship)

- | | | | |
|-----------------|---------------------------|--------------------------|-------------------------------|
| 1 Spouse | 2 Child | 3 Spouse of child | 4 Grandchild |
| 6 Parent | 7 Parent of spouse | 8 Sibling | 5 Spouse of grandchild |
| | | | 9 Other |

Q7. Next are a few more questions about you (subject) [or about you and your (subject's) spouse].

The first questions will be about you (subject).


(Note to interviewer) Questions on the subject's spouse should only be asked in the event that the subject responded (A) Married or (B) Separated to Q2 above. For all other respondents, go directly to Q8 after completing items 1 through 15 on the subject.

Relationship with subject	Subject	Spouse				
Number from the far-left side of the table on Q6 (00 in the event that the couple is separated) (to be filled in by interviewer)	Number from Q6 <table border="1" style="display: inline-table; vertical-align: middle;"><tr><td style="width: 20px; text-align: center;">0</td><td style="width: 20px; text-align: center;">1</td></tr></table>	0	1	Number from Q6 <table border="1" style="display: inline-table; vertical-align: middle;"><tr><td style="width: 20px;"></td><td style="width: 20px;"></td></tr></table>		
0	1					
(1) Are you an oldest son?/ Is your husband an oldest son?	1. Yes 2. No 3. Not sure					
(2) How many of your (your spouse's) siblings are still living?	Older brother Younger brother Older sister Younger sister <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Older brother Younger brother Older sister Younger sister <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>				
(3) What type of community do you currently live in?	1. Urban area 2. Rural area	1. Urban area 2. Rural area				
(4) What type of community did you (your spouse) live in when you (he/she) were finishing elementary school?	1. Urban area 2. Rural area	1. Urban area 2. Rural area				
(5) Educational background [Answer sheet 2] What was the last educational level completed? (includes withdrawal before completion)	1. (A) Junior high school (through 9 th grade and primary school in the former school system) 2. (B) High school (through 12 th grade and junior high school, schools for girls, and teacher schools in the former school system) 3. (C) Vocational school 4. (D) Junior college (includes technical institutes) 5. (E) University/College 6. (F) Graduate school 7. (G) Other	1. (A) Junior high school (through 9 th grade and primary school in the former school system) 2. (B) High school (through 12 th grade and junior high school, schools for girls, and teacher schools in the former school system) 3. (C) Vocational school 4. (D) Junior college (includes technical institutes) 5. (E) University/College 6. (F) Graduate school 7. (G) Other				
(6) Are you (is your spouse) currently earning an income?	1. Yes 2. No	1. Yes 2. No				
(7) [Answer sheet 3] Are you currently working?	1. (A) Working 2. (B) Retired and unemployed 3. (C) Student 4. (D) Engaged in homemaking 5. (E) No longer doing housework Go to (8)	1. (A) Working 2. (B) Retired and unemployed 3. (C) Student 4. (D) Engaged in homemaking 5. (E) No longer doing housework Go to (8)				
(8) Occupation [Answer sheet 4] What type of work are you currently engaged in?	1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operating a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing	1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operating a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing				

	6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helped out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other	6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helped out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other
(9) Years in current occupation	<input style="width: 50px; height: 20px;" type="text"/> Yrs.	<input style="width: 50px; height: 20px;" type="text"/> Yrs.
(10) [Answer sheet 4] Which occupation were you (your spouse) engaged in the longest?	1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operated a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing 6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helping out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other 10. Never worked → go to (12)	1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operated a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing 6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helping out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other 10. Never worked → go to (12)
(11) Total years employed overall	<input style="width: 50px; height: 20px;" type="text"/> Yrs.	<input style="width: 50px; height: 20px;" type="text"/> Yrs.
(12) Are you (is your spouse) able to take care of another person?	1. Yes 2. No	1. Yes 2. No

(Note to interviewer) In the event that there is someone living with the subject other than a spouse, <u>the subject should be asked the following questions.</u> Reference the responses given on Q6.	
(13) Did you (subject) move from another residence in order to live with (person or persons cohabitating with subject)? <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <p>1 <u>Yes</u></p> <p>↓</p> <p>Go to (14)</p> </div> <div style="text-align: center;"> <p>2 <u>No</u></p> <p>↓</p> <p>Go to (15)</p> </div> <div style="text-align: center;"> <p>3 <u>Not sure</u></p> </div> </div>	
(14) [Answer sheet 5] Where did you change your residence to? 1. (A) Your (subject's) parents' home 2. (B) Your (subject's) children's home 3. (C) All current household members moved from another residence 4. (D) Other (change of residence other than to that of the parents' or children's home) 5. Not sure	
(15)[Answer sheet 6] To what extent are you (subject) (and your spouse) responsible for household expenses? 1. (A) Responsible for almost all 2. (B) Responsible for more than half 3. (C) Responsible for almost half 4. (D) Responsible for some 5. (E) Responsible for none 6. (F) Paying for household expenses separately 7. Not sure	

Q8. [Answer sheet 7] What type of housing do you currently have?

- 
- 1 (A) House (self-owned)
 - 2 (B) Condominium or townhouse (self-owned)
 - 3 (C) Rented house
 - 4 (D) Rented condominium/townhouse /apartment
 - 5 (E) Home for the elderly, etc.
 - 6 (F) Publicly funded or publicly managed home
 - 7 (G) Company owned housing or civil servant housing
 - 8 (H) Other (Please explain:)

S Q. (For those that own their own home) Is this home one that you or your spouse inherited from a parent?

- 1 Yes 2 No 3 Not sure

[Nursing service]

Q 9 . The next few questions will be on publicly provided home health and housework services.

The first question will be regarding a personal aid. (Ask each question below up to 6 “Rehabilitation and physical therapy.”)

(Note to interviewer) In the event that a proxy is responding, ask only SQ5. In the event that the proxy is not familiar with the services, repeat the questions after explaining the service.

	(1) Personal aid	(2) Day care	(3) Short stay care service
S Q 1 . Have you ever heard of this service?	1 Yes→Go to SQ3 2 No <input type="checkbox"/> 3 Not sure <input type="checkbox"/>	1 Yes→Go to SQ3 2 No <input type="checkbox"/> 3 Not sure <input type="checkbox"/>	1 Yes→Go to SQ3 2 No <input type="checkbox"/> 3 Not sure <input type="checkbox"/>
S Q 2 . (If the response was “no” or “not sure,” ask the question again after explaining the service.) Have you ever heard of this service?	1 Yes→Go to SQ4 2 No→Go to (2)	1 Yes→Go to SQ4 2 No→Go to (3)	1 Yes→Go to SQ4 2 No→Go to (4)
SQ 3 Are you familiar with the service?	1 Yes→Go to SQ4 2 No 3 Not sure	1 Yes→Go to SQ4 2 No 3 Not sure	1 Yes→Go to SQ4 2 No 3 Not sure
(Note to interviewer) If the response was “no” or “not sure” proceed to SQ4 after first explaining the service to the respondent.			
SQ 4 Were you aware that there is a public () service in your community?	1 Yes→Go to SQ4 2 No→Go to SQ7	1 Yes→Go to SQ4 2 No→Go to SQ7	1 Yes→Go to SQ4 2 No→Go to SQ7
(For those who responded “yes” to SQ4) SQ 5 Have you (subject) ever used the () service?	1 Yes→Go to SQ6 2 No→Go to SQ7 3 Not sure→Go to SQ7	1 Yes→Go to SQ6 2 No→Go to SQ7 3 Not sure→Go to SQ7	1 Yes→Go to SQ6 2 No→Go to SQ7 3 Not sure→Go to SQ7
(For those who responded “yes” to SQ5) SQ 6 Are you satisfied with the () service that you (subject) received?	1 Yes 2 No 3 Not sure	1 Yes 2 No 3 Not sure	1 Yes 2 No 3 Not sure
SQ 7 In the event that these services were privately sponsored services and required a fee, would you use () services?	1 Yes 2 No 3 Not sure	1 Yes 2 No 3 Not sure	1 Yes 2 No 3 Not sure

【Explanations of each service】

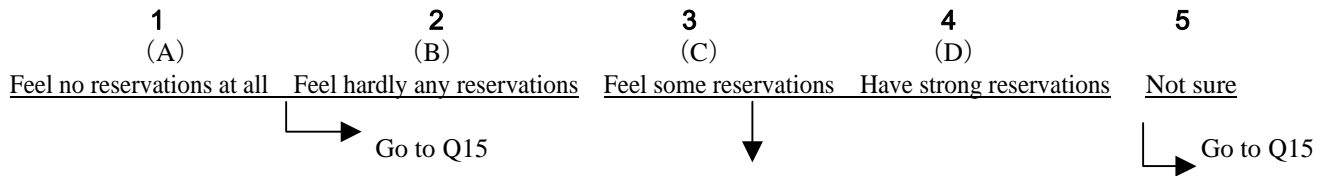
- (1) Personal aid—An aid visits the home of the patient to provide nursing and housework services for elderly individuals unable to perform daily tasks alone.
- (2) Day care—Service in which a bus is dispatched to the elderly patient’s home to take him or her to a center where bathing, meals, health examinations and physical therapy services are provided.
- (3) Short stay care—Brief institutional care to relieve those who are caring for elderly disabled persons (e.g. bedridden person)

	(4) Bathing service	(5) Visiting nurse service	(6) Rehabilitation and physical therapy
S Q 1 . Have you ever heard of this service?	1 Yes→Go to SQ3 2 No <input type="checkbox"/> 3 Not sure <input type="checkbox"/>	1 Yes→Go to SQ3 2 No <input type="checkbox"/> 3 Not sure <input type="checkbox"/>	1 Yes→Go to SQ3 2 No <input type="checkbox"/> 3 Not sure <input type="checkbox"/>
S Q 2 . (If the response was “no” or “not sure,” ask the question again after explaining the service.) Have you ever heard of this service?	1 Yes→Go to SQ4 2 No→Go to (5)	1 Yes→Go to SQ4 2 No→Go to (6)	1 Yes→Go to SQ4 2 No→Go to (10)
SQ 3 Are you familiar with the service?	1 Yes→Go to SQ4 2 No 3 Not sure	1 Yes→Go to SQ4 2 No 3 Not sure	1 Yes→Go to SQ4 2 No 3 Not sure
[Note to interviewer] If the response was “no” or “not sure” proceed to SQ4 after first explaining the service to the respondent.			
SQ 4 Were you aware that there is a public (_____) service in your community?	1 Yes→Go to SQ5 2 No→Go to SQ7	1 Yes→Go to SQ5 2 No→Go to SQ7	1 Yes→Go to SQ5 2 No→Go to SQ7
(For those who responded “yes” to SQ4) SQ 5 Have you (subject) ever used the (_____) service?	1 Yes→Go to SQ6 2 No→Go to SQ7 3 Not sure→Go to SQ7	1 Yes→Go to SQ6 2 No→Go to SQ7 3 Not sure→Go to SQ7	1 Yes→Go to SQ6 2 No→Go to SQ7 3 Not sure→Go to SQ7
(For those who responded “yes” to SQ5) SQ 6 Are you satisfied with the (_____) service that you (subject) received?	1 Yes 2 No 3 Not sure	1 Yes 2 No 3 Not sure	1 Yes 2 No 3 Not sure
SQ 7 In the event that these services were privately sponsored services and required a fee, would you use (_____) services?	1 Yes 2 No 3 Not sure	1 Yes 2 No 3 Not sure	1 Yes 2 No 3 Not sure

【Explanations of each service】

- (4) Bathing service—Service in which an aid visits the home of an invalid elderly patient to offer bathing services.
- (5) Visiting nurse services—Service in which a nurse visits the home of an invalid elderly patient to provide nursing care following the instructions of the patient’s physician.
- (6) Rehabilitation and physical therapy—Physical therapy services provided by visitation to health centers.

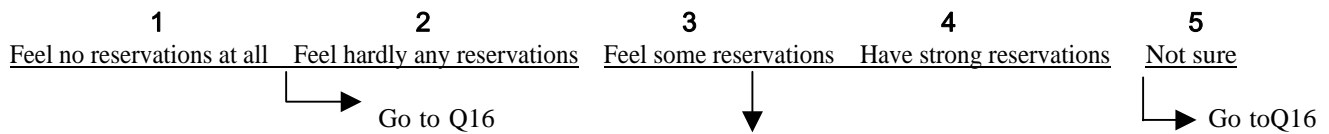
Q 14. [Answer sheet 11] How do you feel about welfare services that involve someone who is not familiar to you entering your home, for example, personal aid services?



S Q. [Answer sheet 12] Why do you feel reservations? Please select one of the following.

- 1 (A) Having someone unfamiliar in the house will cause me undue stress
- 2 (B) I feel like I have to tidy the house
- 3 (C) I worry that I won't get along with the personal aid
- 4 (D) I don't want to use welfare services
- 5 (E) Other
- 6 Not sure

Q 15. [Answer sheet 13] How do you feel about using welfare services like day care?



S Q. [Answer sheet 14] Why do you feel reservations? Please select one of the following.

- 1 (A) Going to an unfamiliar place will give me undue stress
- 2 (B) The means of transportation and the time required to get there are an inconvenience.
- 3 (C) I don't want to use welfare services.
- 4 (D) Other
- 5 Not sure

[Long-term care]

Q 16. The following questions are hypothetical and assume that you may need long-term care. First, (1) assume you suffer from dementia (senility). (Ask SQ1 and SQ2 below.) Next, (2) assume you have become an invalid.

	(1) The case of dementia (senility)	(2) The case of being an invalid (bedridden)
S Q 1. Who is most <u>likely</u> to want you to receive long-term care?	1 Spouse 6 Personal aid 2 Son 7 Hospital 3 Daughter 8 Oold-age home 4 Daughter-in-law 9 Other 5 Son-in-law 10 Not sure	1 Spouse 6 Personal aid 2 Son 7 Hospital 3 Daughter 8 Oold-age home 4 Daughter-in-law 9 Other 5 Son-in-law 10 Not sure
S Q 2. Who is most likely to provide you with long-term care?	1 Spouse 6 Personal aid 2 Son 7 Hospital 3 Daughter 8 Oold-age home 4 Daughter-in-law 9 Other 5 Son-in-law 10 Not sure	1 Spouse 6 Personal aid 2 Son 7 Hospital 3 Daughter 8 Oold-age home 4 Daughter-in-law 9 Other 5 Son-in-law 10 Not sure

Q 17. The next questions will be about your experience providing care for a family member. What is meant by care here is not a short-term stay in a hospital, but comparatively long-term care or care for someone until the time he or she passes away. Have you been the primary care provider for family members in the past? (For those who answer “yes,” ask for how many family members the subject provided care.)

In total: persons

0 /None

→ Go to Q18.

S Q 1. [Answer sheet 15] For what reason did you provide care? (M.A.)

- | | |
|--------------------------------------------------------|------------------------------------------|
| 1 (A) My job was relatively undemanding. | 7 (G) I was unemployed. |
| 2 (B) I worked a part-time job and had time available. | 8 (H) My income was low. |
| 3 (C) A woman seemed more suitable as a care provider. | 9 (I) I was living with the person. |
| 4 (D) No one was available except me. | 10 (J) I was living close to the person. |
| 5 (E) The person was a my parent. | 11 (K) I was an heir of the person. |
| 6 (F) The person was a family member. | 12 (L) Other |
| | 13 No particular reason. |

S Q 2. [Answer sheet 16] Did you encounter any difficulties, or changes in your lifestyle then? (M.A.)

- | | |
|---------------------------------------------------------------------------------------|----------------------------------------------|
| 1 (A) I received no support from the family. | 6 (F) I had to take time off from work. |
| 2 (B) There was no one really to consult with. | 7 (G) I had to resign from work. |
| 3 (C) The person was unable to receive public services, such as a helper in the home. | 8 (H) Family was disrupted. |
| 4 (D) It was economically difficult because of extensive expenses and bills. | 9 (I) I postponed or gave up marriage. |
| 5 (E) I became sick due to fatigue. | 10 (J) I postponed or gave up having a child |
| | 11 (K) Other |
| | 12 Nothing particular |

S Q 3. For whom did you act as a primary caregiver? (M.A.)

- | | | | |
|----------|---------------|------------------------|-----------------------------|
| 1 Spouse | 4 Grandparent | 7 Spouse's father | 10 Spouse's sibling |
| 2 Father | 5 Sibling | 8 Spouse's mother | 11 Other (Please explain:) |
| 3 Mother | 6 Child | 9 Spouse's grandparent | |

S Q 4. [Answer sheet 17] What did the person suffer from? (M.A.)

- | | | | |
|----------------|-----------------------|---------------------------|-------------|
| 1 (A) Dementia | 2 (B) Being bedridden | 3 (C) Physical disability | 4 (D) Other |
|----------------|-----------------------|---------------------------|-------------|

S Q 5. What is the longest period of time that you have cared for someone?

Approx. Yrs. Mos.

S Q 6. How old were you when you began to act as a caregiver for this period?

Yrs.

SQ4. Where is the prescription filled? (M.A.)

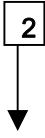
1 At the hospital or clinic

3 Have the medication delivered

2 Receive a prescription from the hospital or clinic
and have it filled at a pharmacy

4 Other

5 Not sure



(For those who answered 2 for SQ4 above)

SQ5. Where is the pharmacy used to fill the prescription located? Near your (subject's) home? Near the hospital or clinic? Is it neither near home nor near the hospital or clinic? Or, do you (subject) not have the prescription filled at the same pharmacy every time?

1 Near home

3 Other

5 Not sure

2 Near the hospital/clinic 4 Don't have the prescription filled at the same pharmacy every time

[To all respondents]

Q29. Are you (subject) using medication other than that prescribed by the hospital or clinic?

(Note to interviewer)

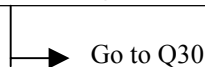
-This includes over-the-counter vitamins, pain relievers, medication for intestinal disorders, and topical ointments and/or lotions.

-This includes anything the respondent recognizes as medication.

1 Yes

2 No

3 Not sure



Go to Q30

SQ. How many different types of medication are you (subject) taking?

X Not sure

Q30. **[Answer sheet 23]** What do you (subject) do in the event that you have (he/she has) a question about the medication? (M.A.)

1 (A) Ask a physician

5 (E) Look it up on the Internet

2 (B) Ask a pharmacist

6 (F) Look it up in a magazine or book

3 (C) Ask a family member or relative

7 (G) Other

4 (D) Ask a friend or acquaintance

8 (H) Do nothing in particular

9 Not sure

Q31.. (Blank)

[Physical Ability/Agility]

Q32. [Answer sheet 24] The next questions will be on your (subject's) physical ability and agility. Please indicate which of the following actions you (subject) find difficult to perform alone without the assistance of a person or physical prop or aid. [For those that reply "difficult," ask to what extent and from what age the action became difficult. Ask (1) through (10), one at a time.]

(Note to interviewer) Have respondents include actions that the subject can perform, even though he or she may not have done them recently.

	Do you find this difficult?	To what extent?	From what age did this become difficult?
(1) Walk 200 to 300 meters (2 to 3 cho)	1 (A) Yes → 2 (B) No 3 Not sure	1 (A) Somewhat difficult 2 (B) Very difficult 3 (C) Unable to perform 4 Not sure	From <input type="text"/> <input type="text"/> Yrs. X. Not sure
(2) Climb 10 stairs without resting	1 (A) Yes → 2 (B) No 3 Not sure	1 (A) Somewhat difficult 2 (B) Very difficult 3 (C) Unable to perform 4 Not sure	From <input type="text"/> <input type="text"/> Yrs. X. Not sure
(3) Stand (go without sitting) for 2 hours	1 (A) Yes → 2 (B) No 3 Not sure	1 (A) Somewhat difficult 2 (B) Very difficult 3 (C) Unable to perform 4 Not sure	From <input type="text"/> <input type="text"/> Yrs. X. Not sure
(4) Continue to sit for 2 hours	1 (A) Yes → 2 (B) No 3 Not sure	1 (A) Somewhat difficult 2 (B) Very difficult 3 (C) Unable to perform 4 Not sure	From <input type="text"/> <input type="text"/> Yrs. X. Not sure
(5) Stoop or bend your knees	1 (A) Yes → 2 (B) No 3 Not sure	1 (A) Somewhat difficult 2 (B) Very difficult 3 (C) Unable to perform 4 Not sure	From <input type="text"/> <input type="text"/> Yrs. X. Not sure
(6) Raise your hands above your head	1 (A) Yes → 2 (B) No 3 Not sure	1 (A) Somewhat difficult 2 (B) Very difficult 3 (C) Unable to perform 4 Not sure	From <input type="text"/> <input type="text"/> Yrs. X. Not sure
(7) Extend arms out in front of you as if to shake hands	1 (A) Yes → 2 (B) No 3 Not sure	1 (A) Somewhat difficult 2 (B) Very difficult 3 (C) Unable to perform 4 Not sure	From <input type="text"/> <input type="text"/> Yrs. X. Not sure
(8) Grasp with your fingers or move your fingers easily	1 (A) Yes → 2 (B) No 3 Not sure	1 (A) Somewhat difficult 2 (B) Very difficult 3 (C) Unable to perform 4 Not sure	From <input type="text"/> <input type="text"/> Yrs. X. Not sure
(9) Lift an object weighing approximately 10 kg (approximately a 7-sho sack of rice)	1 (A) Yes → 2 (B) No → 3 Not sure ↓	1 (A) Somewhat difficult 2 (B) Very difficult 3 (C) Unable to perform 4 Not sure	From <input type="text"/> <input type="text"/> Yrs. X. Not sure
[Note to interviewer] Go directly to Q33 if "no" was given as an answer for (9).			
(10) Lift an object weighing approximately 5 kg (approximately a 3-sho 5-go sack of rice)	1 (A) Yes → 2 (B) No 3 Not sure	1 (A) Somewhat difficult 2 (B) Very difficult 3 (C) Unable to perform action 4 Not sure	From <input type="text"/> <input type="text"/> Yrs. X. Not sure

[Ability to perform daily activities]

Q33. [Answer sheet 25] The next questions are concerning your (subject's) ability to perform daily activities. Please respond to what extent you (subject) find each of the following activities difficult to perform alone without the assistance of a person or assistive device. (First ask SQ1 through SQ3. Then ask SQ4 and the remaining questions if applicable.)

	(1) Taking a bath/shower	(2) Dressing	(3) Eating
SQ1 [Answer sheet 25] Do you find it difficult _____ due to your health or physical state?	1 (A) Difficult→go to SQ3 2 (B) Not Difficult →Go to (2) 3 (C) Do not perform activity due to another reason→Go to SQ2 4 Not sure→go to (2)	1 (A) Difficult→go to SQ3 2 (B)Not difficult →go to (3) 3 (C) Do not perform activity due to another reason→Go to SQ2 4 Not sure→go to (3)	1 (A) Difficult→go to SQ3 2 (B)Not difficult →go to (4) 3 (C) Do not perform activity due to another reason→Go to SQ2 4 Not sure→go to (4)
SQ2 Is the reason that you do not perform the activity related in any way to your health or physical state?	1 Yes 2 No →Go to (2)	1 Yes 2 No →Go to (3)	1 Yes 2 No →Go to (4)
SQ3 [Answer sheet 25] How difficult do you find it _____ by yourself?	1 (A) Somewhat difficult 2 (B) Very difficult 3 (C) Unable to perform activity 4 Not sure → Go to (2) regardless of response	1 (A) Somewhat difficult 2 (B) Very difficult 3 (C) Unable to perform activity 4 Not sure → Go to (3) regardless of response	1 (A) Somewhat difficult 2 (B) Very difficult 3 (C) Unable to perform activity 4 Not sure → Go to (4) regardless of response
(Note to interviewer) Ask SQ4 for each response of "1. difficult" for an activity in SQ1. Go directly to Q34 for those who do not respond "1. difficult" for any activity.			
SQ4 When did you begin to experience this condition? If it has been less than one year, please respond in months. If it has been more than one year, please respond in years.	1 _____ mos. 2 _____ yrs. 3 Not sure	1 _____ mos. 2 _____ yrs. 3 Not sure	1 _____ mos. 2 _____ yrs. 3 Not sure
SQ5 Could you perform _____ alone if you had an assistive device or tool?	1 Yes 2 No 3 Not sure	1 Yes 2 No 3 Not sure	1 Yes 2 No 3 Not sure
SQ6 Do you need assistance to _____?	1 Yes 2 No→Go to (2) 3 Not sure	1 Yes 2 No→Go to (3) 3 Not sure	1 Yes 2 No→Go to (4) 3 Not sure
SQ7 Who primarily helps you perform this activity? (In the event that the caregiver is a family member, record the number from the far left column of the table for Q6 in the space provided.)	1 Live-in family member () 2 Child living separately 3 Spouse of a child living separately 4 Nursing service→Go to SQ8 5 Other 6 Not sure →Unless 4 is given as a response, go to (2).	1 Live-in family member () 2 Child living separately 3 Spouse of a child living separately 4 Nursing service→Go to SQ8 5 Other 6 Not sure →Unless 4 is given as a response, go to (3).	1 Live-in family member () 2 Child living separately 3 Spouse of a child living separately 4 Nursing service→Go to SQ8 5 Other 6 Not sure →Unless 4 is given as a response, go to (4).
Q8 If a nursing care service is being used, who is responsible for the expenses incurred?	1 Subject 2 Family 3 Local municipality 4 Other 5 Not sure	1 Subject 2 Family 3 Local municipality 4 Other 5 Not sure	1 Subject 2 Family 3 Local municipality 4 Other 5 Not sure

(4) Standing up from a bed or chair; sitting down on a chair	(5) Walking (around the house)	(6) Going outside (leaving the house)	(7) Going to the bathroom and taking care of necessary functions (using the toilet)
1 (A) Difficult→go to SQ3 2 (B) Not difficult→go to (5) 3 (C) Do not perform activity due to another reason→Go to SQ2 4 Not sure→go to (5)	1 (A) Difficult→go to SQ3 2 (B) Not difficult→go to (6) 3 (C) Do not perform activity due to another reason→Go to SQ2 4 Not sure→go to (6)	1 (A) Difficult→go to SQ3 2 (B) Not difficult→go to (7) 3 (C) Do not perform activity due to another reason→Go to SQ2 4 Not sure→(go to 7)	1 (A) Difficult→go to SQ3 2 (B) Not difficult→Go to note to interviewer 3 (C) Do not perform activity due to another reason→Go to SQ2 4 Not sure→Go to note to interviewer
1 Yes 2 No → Go to (5)	1 Yes 2 No → Go to (6)	1 Yes 2 No → Go to (7)	1 Yes 2 No → Go to note to interviewer
1. (A) Somewhat difficult 2. (B) Very difficult 3. (C) Unable to perform activity 4. Not sure Go to (5) regardless of response	1 (A) Somewhat difficult 2 (B) Very difficult 3 (C) Unable to perform activity 4 Not sure Go to (5) regardless of response	1 (A) Somewhat difficult 2 (B) Very difficult 3 (C) Unable to perform activity 4 Not sure Go to (7) regardless of response	1 (A) Somewhat difficult 2 (B) Very difficult 3 (C) Unable to perform activity 4 Not sure Go to note to interviewer regardless of response
(Note to interviewer) Ask SQ4 for each response of “1. difficult” for an activity in SQ1. Go directly to Q34 for those who do not respond “1. difficult” for any activity.			
1. _____ mos. 2. _____ yrs. 3. Not sure	1. _____ mos. 2. _____ yrs. 3. Not sure	1. _____ mos. 2. _____ yrs. 3. Not sure	1. _____ mos. 2. _____ yrs. 3. Not sure
1. Yes 2. No 3. Not sure	1. Yes 2. No 3. Not sure	1. Yes 2. No 3. Not sure	1. Yes 2. No 3. Not sure
1. Yes 2. No→Go to Q34-1 3. Not sure	1. Yes 2. No→Go to Q34-1 3. Not sure	1. Yes 2. No→Go to Q34-1 3. Not sure	1. Yes 2. No→Go to Q34-1 3. Not sure
1. Live-in family member () 2. Child living separately 3. Spouse of a child living separately 4. Nursing service→Go to SQ8 5. Other 6. Not sure Unless 4 is given as a response, go to (5).	1. Live-in family member () 2. Child living separately 3. Spouse of a child living separately 4. Nursing service→Go to SQ8 5. Other 6. Not sure Unless 4 is given as a response, go to (6).	1. Live-in family member () 2. Child living separately 3. Spouse of a child living separately 4. Nursing service→Go to SQ8 5. Other 6. Not sure Unless 4 is given as a response, go to (7).	1. Live-in family member () 2. Child living separately 3. Spouse of a child living separately 4. Nursing service→Go to SQ8 5. Other 6. Not sure Unless 4 is given as a response, go to Q34-1
1. Subject 2. Family 3. Local municipality 4. Other 5. Not sure	1. Subject 2. Family 3. Local municipality 4. Other 5. Not sure	1. Subject 2. Family 3. Local municipality 4. Other 5. Not sure	1. Subject 2. Family 3. Local municipality 4. Other 5. Not sure

【Note to interviewer】 Ask Q33-1 if a response of “1. difficult” is given for any of items (1) through (7) above.
Q33-1 **[Answer sheet25-1]** What is the cause of your response of “1. difficult”? Please pick the first and second most important causes of your response from the following.

- | | |
|---------------------------------------------------------------------------------------|----------------------------------------------------|
| 1 (A) Heart attack due to angina, myocardial infarction, etc. | 11 (K) Ailments of the liver or gallbladder |
| 2 (B) Other forms of heart disease | 12 (L) Arthritis, neuralgia or rheumatism |
| 3 (C) Cancer (excluding melanoma) | 13 (M) Chronic back pain |
| 4 (D) Cerebrovascular disease (cerebral hemorrhage, cerebral infarction, etc.) | 14 (N) Osteoporosis |
| 5 (E) Dementia | 15 (O) Fractures (femur, hip, thigh etc.) |
| 6 (F) High blood pressure | 16 (P) Other fractures |
| 7 (G) Diabetes | 17 (Q) Old age (frailty caused by aging) |
| 8 (H) Respiratory disease (chronic illnesses, such as asthma) | 18 (R) Accident |
| 9 (I) Digestive illness (stomach or intestinal) | 19 (S) Other |
| 10 (J) Renal or urinary tract ailments | 20 Not sure |

First Second

[Ability to perform daily tasks systematically]

Q 34.[Answer sheet26] The next questions concern slightly more complicated tasks. Please respond to what extent you (subject) find each of the following activities yo difficult to perform alone without the assistance of a person or assistive device. [For those that reply “difficult,” ask to what extent and from what age the action became difficult. (Ask SQ1 through SQ3. Then ask SQ4 and the remaining questions if applicable.)

	(1) Preparing own meals	(2) Leaving the home to purchase necessary items or medication	(3) Taking care of financial matters such as paying bills for the utilities or the newspaper
SQ1 [Answer sheet26] Do you find it difficult _____ due to your health or physical state?	1. (A) Difficult→go to SQ3 2. (B) Not difficult→go to (2) 3. (C) Do not perform activity due to another reason→Go to SQ2 4. Not sure→Go to (2)	1. (A) Difficult→go to SQ3 2. (B) Not difficult→go to (3) 3. (C) Do not perform activity due to another reason→Go to SQ2 4. Not sure→Go to (3)	1. (A) Difficult→go to SQ3 2. (B) Not difficult→go to (3) 3. (C) Do not perform activity due to another reason→Go to SQ2 4. Not sure→Go to (4)
SQ2 Is the reason that you do not perform the activity related in any way to your health or physical state?	1. Yes 2. No → Go to (2)	1. Yes 2. No → Go to (3)	1. Yes 2. No → Go to (4)
SQ3 [Answer sheet 26] How difficult do you find it _____ by yourself?	1. (A) Somewhat difficult 2. (B) Very difficult 3. (C) Unable to perform activity 4. Not sure Go to (2) regardless of response	1. (A) Somewhat difficult 2. (B) Very difficult 3. (C) Unable to perform activity 4. Not sure Go to (3) regardless of response	1. (A) Somewhat difficult 2. (B) Very difficult 3. (C) Unable to perform activity 4. Not sure Go to (4) regardless of response
(Note to interviewer) Ask SQ4 for each response of “1. difficult” for an activity in SQ1. Go directly to Q35 for those who do not respond “1. difficult” for any activity.			
SQ4 When did you begin to experience this condition? If it has been less than one year, please respond in months. If it has been more than one year, please respond in years.	1. _____ mo. 2. _____ yrs. 3. Not sure	1. _____ mo. 2. _____ yrs. 3. Not sure	1. _____ mo. 2. _____ yrs. 3. Not sure
SQ5 Do you need assistance to _____?	1. Yes 2. No—Go to (2) 3. Not sure	1. Yes 2. No—Go to (3) 1. Not sure	1. Yes 2. No—Go to (4) 3. Not sure
SQ6 Who primarily helps you perform this activity? (In the event that the caregiver is a family member, record the number from the far left column of the table for Q6 in the space provided.)	1. Live-in family member () 2. Child living separately 3. Spouse of a child living separately 4. Nursing service—Go to SQ7 5. Other 6. Not sure Unless 4 is given as a response, go to (2).	1. Live-in family member () 2. Child living separately 3. Spouse of a child living separately 4. Nursing service—Go to SQ7 5. Other 6. Not sure Unless 4 is given as a response, go to (3).	1. Live-in family member () 2. Child living separately 3. Spouse of a child living separately 4. Nursing service—Go to SQ7 5. Other 6. Not sure Unless 4 is given as a response, go to (4).
SQ7 If a nursing care service is being used, who is responsible for the expenses incurred?	1. Subject 2. Family 3. Local municipality 4. Other 5. Not sure	1. Subject 2. Family 3. Local municipality 4. Other 5. Not sure	1. Subject 2. Family 3. Local municipality 4. Other 5. Not sure

(4) Using the telephone	(5) Dusting, cleaning up and other light housework	(6) Taking the bus or the train	(7) Taking medication as prescribed
1. (A) Difficult—go to SQ3 2. (B) Not difficult—go to (5) 3. (C) Do not perform activity due to another reason—Go to SQ2 4. Not sure—Go to (5)	1. (A) Difficult—go to SQ3 2. (B) Not difficult—go to (6) 3. (C) Do not perform activity due to another reason—Go to SQ2 4. Not sure—Go to (6)	1. (A) Difficult—go to SQ3 2. (B) Not difficult—go to (7) 3. (C) Do not perform activity due to another reason—Go to SQ2 4. Not sure—Go to (7)	1. (A) Difficult—go to SQ3 2. (B) Not difficult—go to note to interviewer 3. (C) Do not perform activity due to another reason—Go to SQ2 4. Not sure—Go to note to interviewer
1. Yes 2. No → Go to (5)	1. Yes 2. No → Go to (6)	1. Yes 2. No → Go to (7)	1. Yes 2. No → Go to note to interviewer
1.(A) Somewhat difficult 2.(B) Very difficult 3.(C) Unable to perform activity 4.Not sure Go to (5) regardless of response	1.(A) Somewhat difficult 2.(B) Very difficult 3.(C) Unable to perform activity 4.Not sure Go to (6) regardless of response	1.(A) Somewhat difficult 2.(B) Very difficult 3.(C) Unable to perform activity 4.Not sure Go to (7) regardless of response	1.(A) Somewhat difficult 2.(B) Very difficult 3.(C) Unable to perform activity 4.Not sure Go to note to interviewer regardless of response
{Note to interviewer} Ask SQ4 for each response of “1. difficult” for an activity in SQ1. Go directly to Q35 for those who do not respond “1. difficult” for any activity.			
1. _____ mo. 2. _____ yrs. 3. Not sure	1. _____ mo. 2. _____ yrs. 3. Not sure	1. _____ mo. 2. _____ yrs. 3. Not sure	1. _____ mo. 2. _____ yrs. 3. Not sure
1. Yes 2. No—Go to (5) 3. Not sure	1. Yes 2. No—Go to (6) 3. Not sure	1. Yes 2. No—Go to (7) 3. Not sure	1. Yes 2. No—Go to Q34-1 3. Not sure
1. Live-in family member () 2. Child living separately 3. Spouse of a child living separately 4. Nursing service—Go to SQ7 5. Other 6. Not sure Unless 4 is given as a response, go to (5).	1. Live-in family member () 2. Child living separately 3. Spouse of a child living separately 4. Nursing service—Go to SQ7 5. Other 6. Not sure Unless 4 is given as a response, go to (6).	1. Live-in family member () 2. Child living separately 3. Spouse of a child living separately 4. Nursing service—Go to SQ7 5. Other 6. Not sure Unless 4 is given as a response, go to (7).	1. Live-in family member () 2. Child living separately 3. Spouse of a child living separately 4. Nursing service—Go to SQ7 5. Other 6. Not sure Unless 4 is given as a response, go to Q34-1.
1. Subject 2. Family 3. Local municipality 4. Other 5. Not sure	1. Subject 2. Family 3. Local municipality 4. Other 5. Not sure	1. Subject 2. Family 3. Local municipality 4. Other 5. Not sure	1. Subject 2. Family 3. Local municipality 4. Other 5. Not sure

【Note to interviewer】 Ask Q34-1 if a response of “1. difficult” is given for any of items (1) through (7) above.
Q34-1 **【Answer sheet25-1】** What is the cause of your response of “1. difficult”? Please pick the first and second most important causes of your response from the following.

- | | |
|---------------------------------------------------------------------------------------|----------------------------------------------------|
| 1 (A) Heart attack due to angina, myocardial infarction, etc. | 11 (K) Ailments of the liver or gallbladder |
| 2 (B) Other forms of heart disease | 12 (L) Arthritis, neuralgia or rheumatism |
| 3 (C) Cancer (excluding melanoma) | 13 (M) Chronic back pain |
| 4 (D) Cerebrovascular disease (cerebral hemorrhage, cerebral infarction, etc.) | 14 (N) Osteoporosis |
| 5 (E) Dementia | 15 (O) Fractures (femur, hip, thigh etc.) |
| 6 (F) High blood pressure | 16 (P) Other fractures |
| 7 (G) Diabetes | 17 (Q) Old age (frailty caused by aging) |
| 8 (H) Respiratory disease (chronic illnesses, such as asthma) | 18 (R) Accident |
| 9 (I) Digestive illness (stomach or intestinal) | 19 (S) Other |
| 10 (J) Renal or urinary tract ailments | 20 Not sure |

First Second

(To all respondents)

SQ35. The next questions will be about your (subject's) height and weight. How tall are you (subject) in centimeters?

Note: 1shaku=3.3cm, 1shaku=10sun

cm or (shaku sun) **X** Not sure

SQ36. How many kilograms do you (subject) weigh? (Note: 1 kan = 3.75 kg)

kg or (kan) **X** Not sure

[Measuring physical activity] The next questions are to calculate the extent you (subject) exercise.

SQ37-1. How many days a week do you normally walk? Days
(Use last week as an example.)

0 Rarely go for walks
→ Go to Q 37-2

SQ1. Approximately how much time do you spend walking in one day? Min. **X** Not sure

SQ2. Do you (subject) walk slowly, at a normal pace, or quickly?

- 1 Slowly
- 2 At a normal pace
- 3 Quickly
- 4 Not sure

SQ3. Over the past month, have you walked one hour or more at a time?

- 1 Yes
- 2 No

SQ3- a) How many days during the past month did you walk for one hour or more ? Days

(To all respondents)

Q37-2. Do you (subject) ride a bicycle?

- 1 Yes
- 2 No

SQ1. Approximately how many days a week do you ride? days

SQ2. How long do you (subject) usually ride a bicycle at one time? Min. **X** Not sure

SQ3. How fast do you (subject) ride a bicycle? Slowly, at a normal pace or quickly?

- 1 Slowly
- 2 At a normal speed
- 3 Quickly
- 4 Not sure

(To all respondents)

Q37-3. Do you (subject) have a garden at your home?

- 1 Yes
- 2 No

SQ1. Do you (subject) spend time working in your garden?

- 1 Yes
- 2 No

SQ2. How much time do you spend working in your garden during the course of a week?

In the summer

--	--

 hrs.

--	--

 min Not sure
 In the winter

--	--

 hrs.

--	--

 min Not sure

Q37-4. Do you (subject) do any housework, such as cleaning, cooking or doing the laundry? (To those who answer "yes":) Approximately how much time do you spend in one day on housework?

--	--

 hrs.

--	--

 min. a day Don't do housework

Q37-5. Have you (subject) engaged in any sports or exercise recently?

1 Yes 2 No
 ↓ └─→ Go to Q37-6

SQ 1 What sorts of sports or exercise were you involved in recently? Please explain. (O.A.)

()

SQ 2 Approximately how many hours in one week do you spend on sports or exercise?

--	--	--

 Hrs. per week Less than 1 hour Not sure

Q37-6. Do you (subject) have any other hobbies besides gardening or sports?

1 Yes 2 No
 ↓ └─→ Go to Q37

SQ1. What other hobbies do you have? Please explain. (O.A.)

()

SQ2 . Approximately how much time do you spend on that activity during the course of a week?

--	--	--

 Hrs. per week Less than 1 hour Not sure

Q37-7. During the course of one week, how often do you (subject) normally exercise to the extent that your breathing becomes slightly or more than slightly labored? Please do not include going for slow-paced strolls or stretching exercises with the radio in this response. Please do include walking or slow-paced jogging. (Note—responses given for Q37 may be repeated.)

--	--

 times Did not exercise at all

Q37-8. Do you use stairs every day? (Note: this includes any stairs within the subject's home.)

1 Yes 2 No

Q37-9. [Answer sheet27] Compared to someone your (subject's) age, do you feel that you (subject) are quite physically active?

1 (A) Quite active 4 (D) Not very active
2 (B) Somewhat active 5 (E) Not active at all
3 (C) About the same 6 Not sure

Q37-10. [Answer sheet28] Compared to someone of your (subject's) age, do you feel that you (subject) walk fast?

1 (A) Very fast 4 (D) Slowly
2 (B) Fast 5 (E) Very slowly
3 (C) About the same 6 Not sure

Q37-11. On average, approximately how much do you sleep per day?

--	--

 hrs.

--	--

 min. Not sure

Q37-12. Do you take naps? How long do you nap?

hrs.

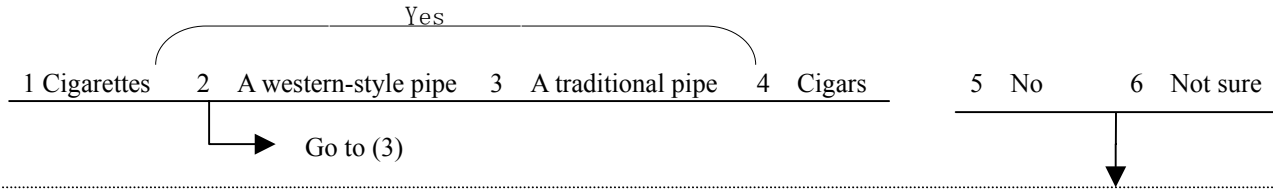
min.

0 Don't nap

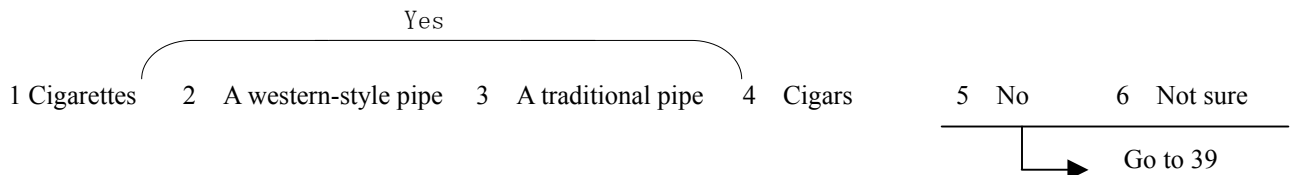
X Not sure

[Personal habits]

Q38. (1) Do you (subject) currently smoke? (M.A.)



(2) In the past, have you ever smoked?



(3) How old were you when you first started smoking? (In the event that the subject has quit smoking in the past or does not smoke currently, record the age at which the subject first starting to smoke.)

yrs. (approximately)

(4-1) (To those that had smoked in the past but currently do not smoke:) At what age did you quit smoking?

yrs. (approximately)

(4-2) (4-2) (To those that had smoked in the past but currently do not smoke:) Why was it that you quit smoking? (M.A.)

1. Became ill 2. Family wanted me to quit 3. Other (Please explain:)

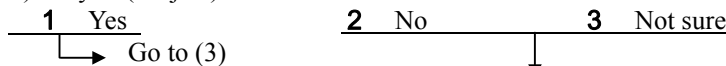
(5) How much do/did you smoke a day on average?

(In the event that the subject smokes a pipe, record the number of times the subject smokes a day.)

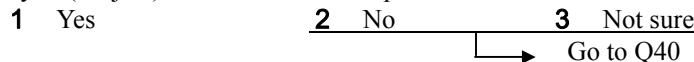
cigarettes/cigars a day (approximately)

[To all respondents]

Q 3 9 . (1) Do you (subject) drink alcohol? This includes the occasional drink.



(2) Did you (subject) drink alcohol in the past?



(3) How old were you (subject) when you began to drink?

yrs. (approximately)

(4-1) (To those who drank in the past but no longer drink:) How old were you when you gave up drinking?

yrs. (approximately)

(4-2) (To those who drank in the past but no longer drink:) What made you give up drinking? (M.A.)
 1. Became ill 2. Family wanted me to quit 3. Other (Please explain: _____)

(5-1) How many days a week/a month do you drink normally? (For those that no longer drink, record the number of days a week/a month they used to drink.)

Days a week

Days a month

(5-2) On the days that you drink, what and how much do you normally consume? (Record the amount consumed in one day.) (M.A.)

	Sake	Beer	Wine	Shochu (distilled spirit)	Whisky	Other
(5-2) Primary	<input type="text"/> <input type="text"/> ↓ 4	2	<input type="text"/> ↓ 3	<input type="text"/> ↓ 4	<input type="text"/> ↓ 5	↓ 6
(5-3) Amount consumed	.	Average can =350 ml . cans	glasses	glasses	glasses	

[To all respondents]

Q40. The next questions are concerning your (subject's) eating habits.

- (1) On average, how many meals do you (subject) eat a day? meals **X** Not sure
- (2) Do you (subject) eat approximately at the same time every day? **1** Yes **2** No **3** Not sure
- (3) Do you (subject) eat breakfast everyday? **1** Yes **2** No **3** Not sure
- (4) Do you often snack? **1** Yes **2** No **3** Not sure
- (5) How many days does your (subject's) family eat together a week? ······ days **X** **Y** Live alone
Not sure
- (6) How often do you (subject) eat out during one month? times **X**
Not sure

[Ability to chew]

Q 4 1. **[Answer sheet 29]** The following foods are ordered from hardest to softest to chew. What is the hardest group you are able to bite and chew? If you are using dentures, please respond as if you were eating with your dentures.

- 1 (A) Saki ika or takuan (Hard dried squid or pickled radish)
- 2 (B) Boiled pork meat (from the rump), raw carrots, or celery
- 3 (C) Deep-fried tofu, pickled octopus, tsukemono made from Chinese cabbage, or raisins
- 4 (D) Rice, apples, fish cake, or boiled asparagus
- 5 (E) Bananas, boiled beans, canned corned beef, or wafers
- 6 (F) Unable to chew the foods listed in (E)
- 7 Not sure

[Teeth]

Q42. How many original teeth do you (subject) have? Adults have 28 natural adult teeth (32 including wisdom teeth) and 0 for full dentures. Prosthetic teeth with roots should be included in the number. For bridges, the artificial tooth should not be counted; however, natural teeth acting as supports should be.

[Note to interviewer] Encourage the respondent to give a rough estimate if he or she first gives "not sure" as a response. Do the same for Q43.

natural teeth in total **X** Not sure

Q43. Do you have any missing teeth that haven't been replaced by a prosthetic tooth?

(To those with one or more missing tooth:)

teeth missing **0** None **X** Not sure
 ↓
 Go to Q44

S Q. **[Answer sheet 29-1]** Why has the tooth not been replaced? (M.A.)

- | | |
|------------------------------------------------------------|------------------------------------------|
| 1 (A) Presently having the tooth made (fixed) | 4 (D) Feel comfortable without the tooth |
| 2 (B) The dentist said a prosthetic tooth wasn't necessary | 5 (E) Other (Please explain: _____) |
| 3 (C) The denture that was made doesn't fit well | 6 Not sure |

Q44. Do you (subject) have dentures?

1 Yes **2** No **3** Not sure
 ↓
 Go to SQ45 on the next page

S Q 1. Do you use your denture(s) when you eat?

1 Yes **2** Sometimes **3** No **4** Not sure
 ↓
 Go to Q45 on the next page

S Q 2. When did you have your denture(s) made? How long ago were your dentures made?

[Note to interviewer] Have the respondent answer for the newer dentures in the event that responses vary for upper and lower dentures.

yrs. mos. **X** Not sure

- S Q 3. [Answer sheet30] How long did it take for you to become comfortable with the dentures?
- | | |
|---------------------------------|---------------------------------------|
| 1 (A) From 1 to 3 days | 5 (E) Still not comfortable with them |
| 2 (B) 1 week | 6 (F) Other |
| 3 (C) 1 month | 7 Not sure |
| 4 (D) From 3 months to 6 months | |

- S Q 4. Are you satisfied with your dentures?
- | | | |
|-------|------|------------|
| 1 Yes | 2 No | 3 Not sure |
|-------|------|------------|

S Q 5. The next questions ask about your dentures in more detail. Please answer either yes or no.

- | | | | |
|-------------------------------------------------------|-------|------|------------|
| (1) Do they fit well? | 1 Yes | 2 No | 3 Not sure |
| (2) Can you bite and chew well with them? | 1 Yes | 2 No | 3 Not sure |
| (3) Can you speak clearly with them? | 1 Yes | 2 No | 3 Not sure |
| (4) Do they cause any pain? | 1 Yes | 2 No | 3 Not sure |
| (5) Are you satisfied with the way they look? | 1 Yes | 2 No | 3 Not sure |
| (6) Do you have any trouble with your dentures? | 1 Yes | 2 No | 3 Not sure |

- S Q 6. If there were dentures better than the ones you currently have, do you think they could help you to chew or bite better?
- | | | |
|-------|------|------------|
| 1 Yes | 2 No | 3 Not sure |
|-------|------|------------|

[To all respondents]

Q 4 5. How many times a day do you brush your teeth or clean your dentures?

- | |
|-------------------------------------------------------------------------------------------------------|
| 0 Less than once a day (don't brush often, there are times when I go the entire day without brushing) |
| 1 Once a day |
| 2 Twice a day |
| 3 Three times or more a day |
| 4 Not sure |

- Q 4 6. Did you visit the dentist during the past year? (including for dental check-ups.)
- | | | | |
|-------|------|-----------------------------------|------------|
| 1 Yes | 2 No | 3 Currently receiving dental care | 4 Not sure |
|-------|------|-----------------------------------|------------|

[Medical Facility]

Q 4 7. [Answer sheet31] What did you look for when you (subject) selected a medical facility? Please select one or two from the following.

- | | |
|----------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| 1 (A) Accessibility | 6 (F) Short waiting time (includes time spent waiting for scheduled appointments) |
| 2 (B) Availability of diagnostic equipment and lab testing equipment | 7 (G) Newness and cleanliness of facility |
| 3 (C) Skill of doctors | 8 (H) Ease of commute |
| 4 (D) Provision of easy-to-understand explanations about ailments | 9 (I) Trustworthiness |
| 5 (E) Ease of obtaining consultation | 10 (J) Other (Please explain:) |
| | 11 Not sure |

Q 48. [Answer sheet32] What is your (subject's) primary source of information on medical facilities? Please select the main one from the following:

- | | |
|--------------------------------------------------------|--------------------------|
| 1 (A) Newspaper, TV, radio, etc. | 5 (E) The Internet |
| 2 (B) Circulated notices, local area newsletters, etc. | 6 (F) Magazines or books |
| 3 (C) Family or relatives | 7 (H) Other |
| 4 (D) Friends or acquaintances | 8 Not sure |

(Note to interviewer) If the respondent is a proxy, go to Q55 on page 29.

Q 49. Do you feel you have access to sufficient information about medical facilities?
 1 Yes 2 No 3 Not sure

The next questions are on your psychological state and ways that you cope emotionally on a daily basis. These are questions commonly used in surveys, and it is important that we receive your answers on all of the questions for comparative purposes. We ask that you bear with us and thank you for your cooperation.

Q 50. To what extent do the following statements apply to you? Please respond with either a “yes” or “no.” [Ask all of questions (1) through (6).]

	Yes	No	Difficult to respond
(1) I tend to be strong-willed	1	2	3
(2) I am decisive	1	2	3
(3) I don't get upset easily	1	2	3
(4) I don't get concerned if people talk about me	1	2	3
(5) I feel confident that I can make it on my own	1	2	3
(6) I tend to get flustered when I reach an impasse	1	2	3

[CES-D Scale]

Q 51. [Answer sheet33] During the past week, to what extent has the following been true for you? There may be some questions for which you have no answer or which seem the same as another question, but the same questions are used internationally in studies and tests. We ask for your full cooperation. [Ask all of questions (1) through (12).]

	(A) Rarely	(B) Sometimes	(C) Often	Not sure
(1) My appetite was poor	1	2	3	4
(2) I felt depressed	1	2	3	4
(3) I felt that everything I did was an effort	1	2	3	4
(4) My sleep was restless	1	2	3	4
(5) I felt happy	1	2	3	4
(6) I felt lonely	1	2	3	4
(7) I felt people were unfriendly	1	2	3	4
(8) I enjoyed life	1	2	3	4
(9) I felt sad	1	2	3	4
(10) I felt that people disabled me	1	2	3	4
(11) I could not get “going”	1	2	3	4
(12) I felt hopeful about the future	1	2	3	4

[Subjective Sense of Happiness PGC Moral Scale]

Q 52. The next questions are about the way your present state of mind. It may be difficult to answer some of the questions, but we ask you to try to respond with either a “yes” or a “no.” Even if “not sure” seems like the most appropriate response, try to think of whether you lean more to “yes” or “no,” and give that as an answer. [Ask all of questions (1) through (11).]

	Yes	No	Not sure
(1) Are you satisfied with your present life?	1	2	3
(2) Do you have as much energy as you did the same time last year? (Record “yes” as a response if the subject feels more energetic than last year.)	1	2	3
(3) Do you feel that over the last year small, trifling matters have started bother you?	1	2	3
(4) Do you feel like you are not as much useful as you used to be now that you are older?	1	2	3
(5) Are there times when you have trouble sleeping because you are worried or troubled?	1	2	3
(6) Do you feel powerless despite being alive?	1	2	3
(7) Do you feel you are happier now than when you were young? (Record “yes” as a response if the subject feels as happy now as when he or she was young.)	1	2	3
(8) Do you feel you have a lot to be unhappy about?	1	2	3
(9) Do you feel that your life has gotten steadily worse as you are grown older?	1	2	3
(10) Do you always take things seriously?	1	2	3
(11) Do things that have cause for concern fluster you?	1	2	3

[Sense of Value]

Q 53. **Answer sheet 34-1, 34-2** The following are opinions about the Japanese family, household, women and marriage. What do you think about these opinions? [Ask (1) through (8).]

	(A) Agree	(B) Somewhat agree	(C) Somewhat disagree	(D) Disagree	Not sure
(Answer sheet 34-1)					
(1) A child should be expected to support and take care of his or her aged parents, as the child should feel a sense of gratitude to the parents for raising him/her.	1	2	3	4	5
(2) There is nothing odd about someone in their 60s or 70s falling in love and remarrying if they find a suitable partner.	1	2	3	4	5
(3) It is acceptable for children who looked after their parents to inherit larger positions of their estate when they pass away.	1	2	3	4	5
(4) Men should work to support the family, and women should stay home and take care of the household.	1	2	3	4	5

(Answer sheet 34-2)	(A) Agree	(B) Disagree	Not sure
(5) The eldest son is responsible for supporting his elderly parents.	1	2	3
(6) The family name should not be allowed to die out, even if it means adopting a child.	1	2	3
(7) Gravesites of family members' ancestors should be cared for by their descendents.	1	2	3
(8) If one’s child has never married, then it is good for the parents and child to live together.	1	2	3

Q 54.

Answer sheet 35] The next questions will be about various aspects of your daily life. Please select the response closest to how you actually feel. [Ask questions (1) through (5) one at a time.]

	(A) Very much	(B) Somewhat	(C) Not really	(D) Not at all
(1) Escalators are hard to use	1	2	3	4
(2) Elevators are hard to use	1	2	3	4
(3) I find it difficult to determine how quickly bicycles are approaching or moving	1	2	3	4
(4) I find it difficult to get on and off a bus	1	2	3	4
(5) When I plan on doing one thing, I realize later that I have done something else.	1	2	3	4

Q55. **[Answer sheet 36]** Are you (subject) currently participating in any of the following social groups or activities? (M.A.)

- | | |
|---------------------------------------------------|--------------------------------------------------------------|
| 1. (A) Respect-for-the-aged association | 8. (H) Sports club |
| 2. (B) Women's group | 9. (I) Religious organization |
| 3. (C) Senior citizen's club | 10. (J) Center for finding employment for senior citizens |
| 4. (D) Educational or study group | 11. (K) Other |
| 5. (E) Neighborhood association | 12. (L) Not participating in any social groups or activities |
| 6. (F) Volunteer work (Public service activities) | 13. Not sure |
| 7. (G) Hobbyist club | |

Q56. On average, how many hours of television do you (subject) watch in one day? This includes watching TV while engaged in another activity, such as eating.

[Note to interviewer] In the event that the respondent gives a time-range, take the average time for the range as the answer. For example, a response of 1-2 hours becomes 1 hour 30 minutes.

Approx hrs. min. **X** Not sure

Q57. Do you (subject) currently drive?

- | | |
|-----------------------------------|------------------------|
| 1 Yes | 3 Don't have a license |
| 2 Have a license, but don't drive | 4 Not sure |

Q59. These questions are about your (subject's) parents.

Relationship with subject	Own Father	Own Mother
Use the number on the far left column of the table for Q6 (In the event that the subject lives separately record 00.)	Number from Q6: <input type="text"/> (To be filled in by interviewer)	Number from Q6: <input type="text"/> (To be filled in by interviewer)
(1) Is your....in good health?	1. Alive (_____ yrs old) → Go to (3) 2. Deceased (age at death: _____)→ Go to (2)	1. Alive (_____ yrs old) → Go to (3) 2. Deceased (age at death: _____)→ Go to (2)
(2) What was the cause of ...passing away? (Only for natural parents)	1. Cancer (Please explain: _____) 2. Heart disease (heart attack, etc.) 3. Cerebrovascular ailments (stroke, cerebral thrombosis) 4. Old age (frailty caused by aging) 5. Other 6. Not sure	1. Cancer (Please explain: _____) 2. Heart disease (heart attack, etc.) 3. Cerebrovascular ailments (stroke, cerebral thrombosis) 4. Old age (frailty caused by aging) 5. Other 6. Not sure
(3) What type of community did your ...live in when he/she was finishing elementary school?	1. Urban area 2. Rural area	1. Urban area 2. Rural area
(4) Educational background [Answer sheet 37] What was the last educational level completed? (includes withdrawal before completion)	1. (A) Junior high school (through 9 th grade and primary school in the former school system) 2. (B) High school (through 12 th grade and junior high school, schools for girls, and teacher schools in the former school system) 3. (C) Vocational school 4. (D) Junior college (includes technical institutes) 5. (E) University/college 6. (F) Graduate school 7. (G) Other 8. Not sure	1. (A) Junior high school (through 9 th grade and primary school in the former school system) 2. (B) High school (through 12 th grade and junior high school, schools for girls, and teacher schools in the former school system) 3. (C) Vocational school 4. (D) Junior college (includes technical institutes) 5. (E) University/college 6. (F) Graduate school 7. (G) Other 8. Not sure
(5) [Answer sheet 38] What type of occupation was your ...engaged in the longest?	1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operated a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing 6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helped out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other 10. Never worked 11. Not sure	1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operated a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing 6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helped out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other 10. Never worked 11. Not sure
(Confirmation by interviewer)	If deceased is given as response in (1), continue on to questions regarding the subject's mother.	If deceased is given as response in (1), continue on to Q60.
(6) Is your ...currently earning an income?	1. Yes 2. No	1. Yes 2. No

<p>[Note to interviewer] Confirm whether or not the subject resides with his or her parents as mentioned in Q6.</p>	<p>1. Living with father → Go to (7) 2. Living separately → Go to (8)</p>	<p>1. Living with both mother and father → Go to Q60 2. Only mother surviving; living with mother → Go to (7) 3. Only mother surviving; living separately; → Go to (8) 4. Living separately from both mother and father → Go to (11)</p>
<p>(7) How long have you lived with your...?</p>	<p>1. From birth 2. Since ____yrs. ago. → Proceed to questions on the subject's mother</p>	<p>1. From birth 2. Since ____yrs. ago. → Proceed to Q60</p>
<p>(8) [Answer sheet 39] Where do you live in relation to your...?</p>	<p>1. (A) Next door, the same neighborhood, adjacent townhouse/row house/segmented home, etc. 2. (B) In the same community such as village, town or city 3. (C) In a region far away</p>	<p>1. (A) Next door, the same neighborhood, adjacent townhouse/row house/segmented home, etc. 2. (B) In the same community such as village, town or city 3. (C) In a region far away</p>
<p>(9) How long would it take to reach your... 's home?</p>	<p>1. Walking 2. By bicycle 3. By car 4. By public transportation 5. Other (Please explain: _____) _____hrs. _____min</p>	<p>1. Walking 2. By bicycle 3. By car 4. By public transportation 5. Other (Please explain: _____) _____hrs. _____min</p>
<p>(10) Have you ever lived with your...before?</p>	<p>1. Yes 2. No</p>	<p>1. Yes 2. No</p>
<p>(11) [Answer sheet 40] How often do you speak on the phone with your...?</p>	<p>1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't speak on the phone</p>	<p>1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't speak on the phone</p>
<p>(12) Are you satisfied with the amount of contact you have with your...?</p>	<p>1. Yes 2. No 3. Not sure</p>	<p>1. Yes 2. No 3. Not sure</p>

Q60. The next questions are concerning the parents of your (subject's) wife/husband.

[Note to interviewer] Questions concerning the parents (adoptive or step) of the subject's spouse should only be asked if the response on Q2 was 1. (A) Married or 2. (B) Separated. For all other responses on Q2, proceed directly to Q61.

Relationship with subject	Spouse's Father	Spouse's Mother
Use the number on the far left column of the table for Q6 (In the event that the subject lives separately record 00.)	Number from Q6: <input type="text"/> (To be filled in by interviewer)	Number from Q6: <input type="text"/> (To be filled in by interviewer)
(1) Is your....in good health?	1. Alive → Go to (2) 2. Deceased (age at death:)→ Go to questions on the spouse's mother	1. Alive → Go to (2) 2. Deceased (age at death:) → Go to Q61
(2) Current age	_____ yrs. old (in full years only)	_____ yrs. old (in full years only)
(3) What type of community did your ...live in when he/she was finishing elementary school?	1. Urban area 2. Rural area	1. Urban area 2. Rural area
(4) Educational background [Answer sheet 37] What was the last educational level completed? (includes withdrawal before completion)	1. (A) Junior high school (through 9 th grade and primary school in the former school system) 2. (B) High school (through 12 th grade and junior high school, schools for girls, and teacher schools in the former school system) 3. (C) Vocational school 4. (D) Junior college (includes technical institutes) 5. (E) University/college 6. (F) Graduate school 7. (G) Other 8. Not sure	1. (A) Junior high school (through 9 th grade and primary school in the former school system) 2. (B) High school (through 12 th grade and junior high school, schools for girls, and teacher schools in the former school system) 3. (C) Vocational school 4. (D) Junior college (includes technical institutes) 5. (E) University/college 6. (F) Graduate school 7. (G) Other 8. Not sure
(5) Is your ...currently earning an income?	1. Yes 2. No	1. Yes 2. No
(6) [Answer sheet 38] What type of occupation was your ...engaged in the longest?	1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operated a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing 6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helped out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other 10. Never worked 11. Not sure	1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operated a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing 6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helped out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other 10. Never worked 11. Not sure
[Note to interviewer] Confirm whether or not the subject resides with his or her in-laws as mentioned in Q6.	1. Living with father-in-law → Go to (7) 2. Living separately → Go to (8)	1. Living with both mother- and father-in-law → Go to Q61 2. Only mother-in-law surviving; living with mother-in-law → Go to (7) 3. Only mother-in-law surviving; living separately → Go to (8) 4. Living separately from both mother- and father-in-law → Go to (11)

(7) How long have you lived with your...?	1. From birth 2. Since _____yrs. ago. → Proceed to questions on the subject's mother-in-law	1. From birth 2. Since _____yrs. ago. → Proceed to Q61
(8) [Answer sheet 39] Where do you live in relation to your...?	1. (A) Next door, the same neighborhood, adjacent townhouse/row house/segmented home, etc. 2. (B) In the same community such as village, town or city 3. (C) In a region far away	1. (A) Next door, the same neighborhood, adjacent townhouse/row house/segmented home, etc. 2. (B) In the same community such as village, town or city 3. (C) In a region far away
(9) How long would it take to reach your... 's home?	1. Walking 2. By bicycle 3. By car 4. By public transportation 5. Other (Please explain: _____) _____ hrs. _____ min	1. Walking 2. By bicycle 3. By car 4. By public transportation 5. Other (Please explain: _____) _____ hrs. _____ min
(10) Have you ever lived with your...before?	1. Yes 2. No	1. Yes 2. No
(11) [Answer sheet 40] How often do you speak on the phone with your...?	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't speak on the phone	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't speak on the phone
(12) Are you satisfied with the amount of contact you have with your...?	1. Yes 2. No 3. Not sure	1. Yes 2. No 3. Not sure

The next questions are about your child.

Q61. How many surviving children do you have? Answer separately for biological children and adoptive or stepchildren.
 [Note to interviewer] If the subject has neither a natural child nor an adoptive or stepchild, then record 00 as the response.

Number of natural children: Number of adoptive or step children: 0 No children

Go to Q64 on page 44






Q62. Questions about your children will be asked in order of oldest to youngest.

Relationship to subject	Own Child #1	Spouse of Child #1
Use the number on the far left column of the table for Q6 (In the event that the subject lives separately record 00.)	Number from Q6: <input type="text"/> (To be filled in by interviewer)	Number from Q6: <input type="text"/> (To be filled in by interviewer)
(1) Date of birth Japanese era <input type="text"/> 1. Meiji 2. Taisho 3. Showa	_____ Yr. _____ Mon.	
(2) Age	_____ yrs.	_____ yrs.
(3) Gender	1. Male 2. Female	1. Male 2. Female
(4) What type of community does your... currently live in?	1. Urban area 2. Rural area	1. Urban area 2. Rural area
(5) What type of community did your... live in when he/she was finishing elementary school?	1. Urban area 2. Rural area	1. Urban area 2. Rural area
(6) Educational background [Answer sheet 41] What was the last educational level completed? (includes withdrawal before completion)	1. (A) Junior high school (through 9 th grade and primary school in the former school system) 2. (B) High school (through 12 th grade and junior high school, schools for girls, and teacher schools in the former school system) 3. (C) Vocational school 4. (D) Junior college (includes technical institutes) 5. (E) University/college 6. (F) Graduate school 7. (G) Other 8. Not sure	1. (A) Junior high school (through 9 th grade and primary school in the former school system) 2. (B) High school (through 12 th grade and junior high school, schools for girls, and teacher schools in the former school system) 3. (C) Vocational school 4. (D) Junior college (includes technical institutes) 5. (E) University/college 6. (F) Graduate school 7. (G) Other 8. Not sure
(7) What is ...'s marital status? [Answer sheet 42]	1. (A) Married → Go to (8) 2. (B) Divorced → Go to (8)	3. (C) Widowed → Go to (8) 4. (D) Never married → Go to (10)
(8) Please indicate as to how many of ...'s children, in other words, your grandchildren, fall into the following 3 groups. (Note: If no grandchildren fall into a given group, record 0.)	<ul style="list-style-type: none"> • Grandchildren of preschool age: _____ • Grandchildren in elementary school: _____ • Grandchildren in junior high school or older: _____ • 0 No grandchildren • X Not sure 	
(9) Is this ...'s first marriage?	1. Yes 2. No	1. Yes 2. No
(10) Does ...currently have an income?	1. Yes 2. No	1. Yes 2. No
(11) [Answer sheet 43] Is ...currently employed?	1. (A) Working → Go to (12) 2. (B) Retired and unemployed 3. (C) Student 4. (D) Engaged in homemaking → (14) 5. (E) No longer doing housework	1. (A) Working → Go to (12) 2. (B) Retired and unemployed 3. (C) Student 4. (D) Engaged in homemaking → (14) 5. (E) No longer doing housework

(12) Occupation [Answer sheet 44] What type of work is ...currently engaged in?	1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operated a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing 6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helped out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other 10. Never worked → Go to (15)	1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operated a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing 6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helped out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other 10. Never worked → Go to (15)
(13) How long has ...been in this present position?	_____yrs.	_____yrs.
(14) Altogether, how many years has ...been working?	_____yrs.	_____yrs.
(15) Does health allow him/her to care for another person?	1. Yes 2. No	1. Yes 2. No
(16) Are you (and your husband/wife) receiving any form of support from...? (This is not limited to financial support.)	1. Yes → Go to (17) 2. No → Go to (18) 3. Not sure → Go to (18)	1. Yes → Go to (17) 2. No → Go to (18) 3. Not sure → Go to (18)
(17) [Answer sheet 45] Please explain the sort of support that you are receiving. (M.A.)	1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Other (Please explain:)	1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Other (Please explain:)
(18) Are you (and your husband/wife) providing any form of support to ...? (This is not limited to financial support.)	1. Yes → Go to (19) 2. No → Go to (20) 3. Not sure → Go to (20)	1. Yes → Go to (19) 2. No → Go to (20) 3. Not sure → Go to (20)
(19) [Answer sheet 46] Please explain the sort of support that you are providing. (M.A.)	1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Care of grandchildren 9. (I) Other (Please explain:)	1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Care of grandchildren 9. (I) Other (Please explain:)
(20) Are you currently living with...?	1. Yes → Go to (21) 2. No → Go to (22)	






(21) How long have you lived with ...?	1. From birth 2. Since _____ yrs. ago. → Proceed to questions on the child's spouse or the subject's next child.	
(22) [Answer sheet 47] Where do you live in relation to ...?	1. (A) Next door, the same neighborhood, adjacent townhouse/row house/segmented home, etc. 2. (B) In the same community such as village, town or city 3. (C) In a region far away	
(23) How long would it take to reach ...'s home?	1. Walking 2. By bicycle 3. By car 4. By public transportation 5. Other (Please explain: _____) _____ hrs. _____ min	(Note to Interviewer) If this child's spouse is currently living with the subject, skip to the next section.
(24) Have you ever lived with ...before?	1. Yes 2. No	1. Yes 2. No
(25) [Answer sheet 48] How often do you get together with ...?	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't get together	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't get together
(26) [Answer sheet 48] How often do you speak on the phone with ...?	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't speak on the phone	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't speak on the phone
(27) Are you satisfied with your level of contact with ...?	1. Yes 2. No 3. Not sure	1. Yes 2. No 3. Not sure

Relationship to subject	Own Child #2	Spouse of Child #2				
Use the number on the far left column of the table for Q6 (In the event that the subject lives separately record 00.)	Number from Q6: <table border="1" style="display: inline-table; vertical-align: middle;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr></table> (To be filled in by interviewer)			Number from Q6: <table border="1" style="display: inline-table; vertical-align: middle;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr></table> (To be filled in by interviewer)		
(1) Date of birth Japanese era 1. Meiji 2. Taisho 3. Showa	_____Yr. _____Mon.					
(2) Age	_____yrs.	_____yrs.				
(3) Gender	1. Male 2. Female	1. Male 2. Female				
(4) What type of community does your... currently live in?	1. Urban area 2. Rural area	1. Urban area 2. Rural area				
(5) What type of community did your... live in when he/she was finishing elementary school?	1. Urban area 2. Rural area	1. Urban area 2. Rural area				
(6) Educational background [Answer sheet 41] What was the last educational level completed? (includes withdrawal before completion)	1. (A) Junior high school (through 9 th grade and primary school in the former school system) 2. (B) High school (through 12 th grade and junior high school, schools for girls, and teacher schools in the former school system) 3. (C) Vocational school 4. (D) Junior college (includes technical institutes) 5. (E) University/college 6. (F) Graduate school 7. (G) Other 8. Not sure	1. (A) Junior high school (through 9 th grade and primary school in the former school system) 2. (B) High school (through 12 th grade and junior high school, schools for girls, and teacher schools in the former school system) 3. (C) Vocational school 4. (D) Junior college (includes technical institutes) 5. (E) University/college 6. (F) Graduate school 7. (G) Other 8. Not sure				
(7) What is ...'s marital status? [Answer sheet 42]	1. (A) Married → Go to (8) 2. (B) Divorced → Go to (8)	3. (C) Widowed → Go to (8) 4. (D) Never married → Go to (10)				
(8) Please respond as to how many of ...'s children, in other words, your grandchildren, fall into the following 3 groups. (Note: If no grandchildren fall into a given group, record 0.)	<ul style="list-style-type: none"> • Grandchildren of preschool age: _____ • Grandchildren in elementary school: _____ • Grandchildren in junior high school or older: _____ • 0 No grandchildren • X Not sure 					
(9) Is this ...'s first marriage?	1. Yes 2. No	1. Yes 2. No				
(10) Does ...currently have an income?	1. Yes 2. No	1. Yes 2. No				
(11) [Answer sheet 43] Is ...currently employed?	1. (A) Working → Go to (12) 2. (B) Retired and unemployed 3. (C) Student 4. (D) Engaged in homemaking 5. (E) No longer doing housework] Go to (14)	1. (A) Working → Go to (12) 2. (B) Retired and unemployed 3. (C) Student 4. (D) Engaged in homemaking 5. (E) No longer doing housework] Go to (14)				

<p>(12) Occupation [Answer sheet 44] What type of work is ...currently engaged in?</p>	<p>1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operated a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing 6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helped out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other 10. Never worked → Go to (15)</p>	<p>1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operated a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing 6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helped out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other 10. Never worked → Go to (15)</p>
<p>(13) How long has ...been in this present position?</p>	<p>_____yrs.</p>	<p>_____yrs.</p>
<p>(14) Altogether, how many years has ...been working?</p>	<p>_____yrs.</p>	<p>_____yrs.</p>
<p>(15) Does health allow him/her to care for another person?</p>	<p>1. Yes 2. No</p>	<p>1. Yes 2. No</p>
<p>(16) Are you (and your husband/wife) receiving any form of support from...? (This is not limited to financial support.)</p>	<p>1. Yes → Go to (17) 2. No → Go to (18) 3. Not sure → Go to (18)</p> 	<p>1. Yes → Go to (17) 2. No → Go to (18) 3. Not sure → Go to (18)</p> 
<p>(17) [Answer sheet 45] Please explain the sort of support that you are receiving. (M.A.)</p>	<p>1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Other (Please explain:)</p>	<p>1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Other (Please explain:)</p>
<p>(18) Are you (and your husband/wife) providing any form of support to ...? (This is not limited to financial support.)</p>	<p>1. Yes → Go to (19) 2. No → Go to (20) 3. Not sure → Go to (20)</p> 	<p>1. Yes → Go to (19) 2. No → Go to (20) 3. Not sure → Go to (20)</p> 
<p>(19) [Answer sheet 46] Please explain the sort of support that you are providing. (M.A.)</p>	<p>1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Care of grandchildren 9. (I) Other (Please explain:)</p>	<p>1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Care of grandchildren 9. (I) Other (Please explain:)</p>
<p>(20) Are you currently living with...?</p>	<p>1. Yes → Go to (21) 2. No → Go to (22)</p> 	






(21) How long have you lived with ...?	1. From birth 2. Since _____ yrs. ago. → Proceed to questions on the child's spouse or the subject's next child.	
(22) [Answer sheet 47] Where do you live in relation to ...?	1. (A) Next door, the same neighborhood, adjacent townhouse/row house/segmented home, etc. 2. (B) In the same community such as village, town or city 3. (C) In a region far away	
(23) How long would it take to reach ...'s home?	1. Walking 2. By bicycle 3. By car 4. By public transportation 5. Other (Please explain: _____) _____ hrs. _____ min	(Note to Interviewer) If this child's spouse is currently living with the subject, skip to the next section.
(24) Have you ever lived with ...before?	1. Yes 2. No	1. Yes 2. No
(25) [Answer sheet 48] How often do you get together with ...?	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't get together	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't get together
(26) [Answer sheet 48] How often do you speak on the phone with ...?	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't speak on the phone	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't speak on the phone
(27) Are you satisfied with your level of contact with ...?	1. Yes 2. No 3. Not sure	1. Yes 2. No 3. Not sure

Relationship to subject	Own Child #3	Spouse of Child #3
Use the number on the far left column of the table for Q6 (In the event that the subject lives separately record 00.)	Number from Q6: <div style="border: 1px solid black; width: 60px; height: 20px; display: flex; align-items: center; justify-content: center;"> </div> (To be filled in by interviewer)	Number from Q6: <div style="border: 1px solid black; width: 60px; height: 20px; display: flex; align-items: center; justify-content: center;"> </div> (To be filled in by interviewer)
(1) Date of birth Japanese era 3. Meiji 4. Taisho 3. Showa	_____Yr. _____Mon.	
(2) Age	_____yrs.	_____yrs.
(3) Gender	1. Male 2. Female	1. Male 2. Female
(4) What type of community does your... currently live in?	1. Urban area 2. Rural area	1. Urban area 2. Rural area
(5) What type of community did your... live in when he/she was finishing elementary school?	1. Urban area 2. Rural area	1. Urban area 2. Rural area
(6) Educational background [Answer sheet 41] What was the last educational level completed? (includes withdrawal before completion)	1. (A) Junior high school (through 9 th grade and primary school in the former school system) 2. (B) High school (through 12 th grade and junior high school, schools for girls, and teacher schools in the former school system) 3. (C) Vocational school 4. (D) Junior college (includes technical institutes) 5. (E) University/college 6. (F) Graduate school 7. (G) Other 8. Not sure	1. (A) Junior high school (through 9 th grade and primary school in the former school system) 2. (B) High school (through 12 th grade and junior high school, schools for girls, and teacher schools in the former school system) 3. (C) Vocational school 4. (D) Junior college (includes technical institutes) 5. (E) University/college 6. (F) Graduate school 7. (G) Other 8. Not sure
(7) What is ...'s marital status? [Answer sheet 42]	1. (A) Married → Go to (8) 2. (B) Divorced → Go to (8)	3. (C) Widowed → Go to (8) 4. (D) Never married → Go to (10)
(8) Please respond as to how many of ...'s children, in other words, your grandchildren, fall into the following 3 groups. (Note: If no grandchildren fall into a given group, record 0.)	<ul style="list-style-type: none"> • Grandchildren of preschool age: _____ • Grandchildren in elementary school: _____ • Grandchildren in junior high school or older: _____ • 0 No grandchildren • X Not sure 	
(9) Is this ...'s first marriage?	1. Yes 2. No	1. Yes 2. No
(10) Does ...currently have an income?	1. Yes 2. No	1. Yes 2. No
(11) [Answer sheet 43] Is ...currently employed?	1. (A) Working → Go to (12) 2. (B) Retired and unemployed 3. (C) Student 4. (D) Engaged in homemaking 5. (E) No longer doing housework } Go to (14)	1. (A) Working → Go to (12) 2. (B) Retired and unemployed 3. (C) Student 4. (D) Engaged in homemaking 5. (E) No longer doing housework } Go to (14)

<p>(12) Occupation [Answer sheet 44] What type of work is ...currently engaged in?</p>	<p>1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operated a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing 6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helped out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other 10. Never worked → Go to (15)</p>	<p>1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operated a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing 6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helped out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other 10. Never worked → Go to (15)</p>
<p>(13) How long has ...been in this present position?</p>	<p>_____yrs.</p>	<p>_____yrs.</p>
<p>(14) Altogether, how many years has ...been working?</p>	<p>_____yrs.</p>	<p>_____yrs.</p>
<p>(15) Does health allow him/her to care for another person?</p>	<p>1. Yes 2. No</p>	<p>1. Yes 2. No</p>
<p>(16) Are you (and your husband/wife) receiving any form of support from...? (This is not limited to financial support.)</p>	<p>1. Yes → Go to (17) 2. No → Go to (18) 3. Not sure → Go to (18)</p> 	<p>1. Yes → Go to (17) 2. No → Go to (18) 3. Not sure → Go to (18)</p> 
<p>(17) [Answer sheet 45] Please explain the sort of support that you are receiving. (M.A.)</p>	<p>1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Other (Please explain:)</p>	<p>1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Other (Please explain:)</p>
<p>(18) Are you (and your husband/wife) providing any form of support to ...? (This is not limited to financial support.)</p>	<p>1. Yes → Go to (19) 2. No → Go to (20) 3. Not sure → Go to (20)</p> 	<p>1. Yes → Go to (19) 2. No → Go to (20) 3. Not sure → Go to (20)</p> 
<p>(19) [Answer sheet 46] Please explain the sort of support that you are providing. (M.A.)</p>	<p>1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Care of grandchildren 9. (I) Other (Please explain:)</p>	<p>1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Care of grandchildren 9. (I) Other (Please explain:)</p>
<p>(20) Are you currently living with...?</p>	<p>1. Yes → Go to (21) 2. No → Go to (22)</p> 	






(21) How long have you lived with ...?	1. From birth 2. Since _____ yrs. ago. → Proceed to questions on the child's spouse or the subject's next child.	
(22) [Answer sheet 47] Where do you live in relation to ...?	1. (A) Next door, the same neighborhood, adjacent townhouse/row house/segmented home, etc. 2. (B) In the same community such as village, town or city 3. (C) In a region far away	
(23) How long would it take to reach ...'s home?	1. Walking 2. By bicycle 3. By car 4. By public transportation 5. Other (Please explain: _____) _____ hrs. _____ min	(Note to Interviewer) If this child's spouse is currently living with the subject, skip to the next section.
(24) Have you ever lived with ...before?	1. Yes 2. No	1. Yes 2. No
(25) [Answer sheet 48] How often do you get together with ...?	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't get together	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't get together
(26) [Answer sheet 48] How often do you speak on the phone with ...?	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't speak on the phone	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't speak on the phone
(27) Are you satisfied with your level of contact with ...?	1. Yes 2. No 3. Not sure	1. Yes 2. No 3. Not sure

Relationship to subject	Own Child #4	Spouse of Child #4
Use the number on the far left column of the table for Q6 (In the event that the subject lives separately record 00.)	Number from Q6: <input type="text"/> (To be filled in by interviewer)	Number from Q6: <input type="text"/> (To be filled in by interviewer)
(1) Date of birth Japanese era 5. Meiji 6. Taisho 3. Showa	_____ Yr. _____ Mon.	
(2) Age	_____ yrs.	_____ yrs.
(3) Gender	1. Male 2. Female	1. Male 2. Female
(4) What type of community does your... currently live in?	1. Urban area 2. Rural area	1. Urban area 2. Rural area
(5) What type of community did your... live in when he/she was finishing elementary school?	1. Urban area 2. Rural area	1. Urban area 2. Rural area
(6) Educational background [Answer sheet 41] What was the last educational level completed? (includes withdrawal before completion)	1. (A) Junior high school (through 9 th grade and primary school in the former school system) 2. (B) High school (through 12 th grade and junior high school, schools for girls, and teacher schools in the former school system) 3. (C) Vocational school 4. (D) Junior college (includes technical institutes) 5. (E) University/college 6. (F) Graduate school 7. (G) Other 8. Not sure	1. (A) Junior high school (through 9 th grade and primary school in the former school system) 2. (B) High school (through 12 th grade and junior high school, schools for girls, and teacher schools in the former school system) 3. (C) Vocational school 4. (D) Junior college (includes technical institutes) 5. (E) University/college 6. (F) Graduate school 7. (G) Other 8. Not sure
(7) What is ...'s marital status? [Answer sheet 42]	1. (A) Married → Go to (8) 2. (B) Divorced → Go to (8)	3. (C) Widowed → Go to (8) 4. (D) Never married → Go to (10)
(8) Please respond as to how many of ...'s children, in other words, your grandchildren, fall into the following 3 groups. (Note: If no grandchildren fall into a given group, record 0.)	<ul style="list-style-type: none"> • Grandchildren of preschool age: _____ • Grandchildren in elementary school: _____ • Grandchildren in junior high school or older: _____ • 0 No grandchildren • X Not sure 	
(9) Is this ...'s first marriage?	1. Yes 2. No	1. Yes 2. No
(10) Does ...currently have an income?	1. Yes 2. No	1. Yes 2. No
(11) [Answer sheet 43] Is ...currently employed?	1. (A) Working → Go to (12) 2. (B) Retired and unemployed 3. (C) Student 4. (D) Engaged in homemaking 5. (E) No longer doing housework] Go to (14)	1. (A) Working → Go to (12) 2. (B) Retired and unemployed 3. (C) Student 4. (D) Engaged in homemaking 5. (E) No longer doing housework] Go to (14)

<p>(12) Occupation [Answer sheet 44] What type of work is ...currently engaged in?</p>	<p>1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operated a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing 6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helped out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other 10. Never worked → Go to (15)</p>	<p>1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operated a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing 6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helped out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other 10. Never worked → Go to (15)</p>
<p>(13) How long has ...been in this present position?</p>	<p>_____yrs.</p>	<p>_____yrs.</p>
<p>(14) Altogether, how many years has ...been working?</p>	<p>_____yrs.</p>	<p>_____yrs.</p>
<p>(15) Does health allow him/her to care for another person?</p>	<p>1. Yes 2. No</p>	<p>1. Yes 2. No</p>
<p>(16) Are you (and your husband/wife) receiving any form of support from...? (This is not limited to financial support.)</p>	<p>1. Yes → Go to (17) 2. No → Go to (18) 3. Not sure → Go to (18)</p> 	<p>1. Yes → Go to (17) 2. No → Go to (18) 3. Not sure → Go to (18)</p> 
<p>(17) [Answer sheet 45] Please explain the sort of support that you are receiving. (M.A.)</p>	<p>1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Other (Please explain:)</p>	<p>1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Other (Please explain:)</p>
<p>(18) Are you (and your husband/wife) providing any form of support to ...? (This is not limited to financial support.)</p>	<p>1. Yes → Go to (19) 2. No → Go to (20) 3. Not sure → Go to (20)</p> 	<p>1. Yes → Go to (19) 2. No → Go to (20) 3. Not sure → Go to (20)</p> 
<p>(19) [Answer sheet 46] Please explain the sort of support that you are providing. (M.A.)</p>	<p>1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Care of grandchildren 9. (I) Other (Please explain:)</p>	<p>1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Care of grandchildren 9. (I) Other (Please explain:)</p>
<p>(20) Are you currently living with...?</p>	<p>1. Yes → Go to (21) 2. No → Go to (22)</p> 	

(21) How long have you lived with ...?	1. From birth 2. Since _____ yrs. ago. → Proceed to questions on the child's spouse or the subject's next child.	
(22) [Answer sheet 47] Where do you live in relation to ...?	1. (A) Next door, the same neighborhood, adjacent townhouse/row house/segmented home, etc. 2. (B) In the same village, town or city 3. (C) In a region far away	
(23) How far would it take to reach ...'s home?	1. Walking 2. By bicycle 3. By car 4. By public transportation 5. Other (Please explain: _____) _____ hrs. _____ min	(Note to Interviewer) If this child's spouse is currently living with the subject, skip to the next section.
(24) Have you ever lived with ...before?	1. Yes 2. No	1. Yes 2. No
(25) [Answer sheet 48] How often do you get together with ...?	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't get together	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't get together
(26) [Answer sheet 48] How often do you speak on the phone with ...?	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't speak on the phone	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't speak on the phone
(27) Are you satisfied with your level of contact with ...?	1. Yes 2. No 3. Not sure	1. Yes 2. No 3. Not sure

Relationship to subject	Own Child #5	Spouse of Child #5				
Use the number on the far left column of the table for Q6 (In the event that the subject lives separately record 00.)	Number from Q6: <table border="1" style="display: inline-table; vertical-align: middle;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr></table> (To be filled in by interviewer)			Number from Q6: <table border="1" style="display: inline-table; vertical-align: middle;"><tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr></table> (To be filled in by interviewer)		
(1) Date of birth Japanese era 7. Meiji 8. Taisho 3. Showa	_____Yr. _____Mon.					
(2) Age	_____yrs.	_____yrs.				
(3) Gender	1. Male 2. Female	1. Male 2. Female				
(4) What type of community does your... currently live in?	1. Urban area 2. Rural area	1. Urban area 2. Rural area				
(5) What type of community did your... live in when he/she was finishing elementary school?	1. Urban area 2. Rural area	1. Urban area 2. Rural area				
(6) Educational background [Answer sheet 41] What was the last educational level completed? (includes withdrawal before completion)	1. (A) Junior high school (through 9 th grade and primary school in the former school system) 2. (B) High school (through 12 th grade and junior high school, schools for girls, and teacher schools in the former school system) 3. (C) Vocational school 4. (D) Junior college (includes technical institutes) 5. (E) University/college 6. (F) Graduate school 7. (G) Other 8. Not sure	1. (A) Junior high school (through 9 th grade and primary school in the former school system) 2. (B) High school (through 12 th grade and junior high school, schools for girls, and teacher schools in the former school system) 3. (C) Vocational school 4. (D) Junior college (includes technical institutes) 5. (E) University/college 6. (F) Graduate school 7. (G) Other 8. Not sure				
(7) What is ...'s marital status? [Answer sheet 42]	1. (A) Married → Go to (8) 2. (B) Divorced → Go to (8)	3. (C) Widowed → Go to (8) 4. (D) Never married → Go to (10)				
(8) Please respond as to how many of ...'s children, in other words, your grandchildren, fall into the following 3 groups. (Note: If no grandchildren fall into a given group, record 0.)	<ul style="list-style-type: none"> • Grandchildren of preschool age: _____ • Grandchildren in elementary school: _____ • Grandchildren in junior high school or older: _____ • 0 No grandchildren • X Not sure 					
(9) Is this ...'s first marriage?	1. Yes 2. No	1. Yes 2. No				
(10) Does ...currently have an income?	1. Yes 2. No	1. Yes 2. No				
(11) [Answer sheet 43] Is ...currently employed?	1. (A) Working → Go to (12) 2. (B) Retired and unemployed 3. (C) Student 4. (D) Engaged in homemaking 5. (E) No longer doing housework] Go to (14)	1. (A) Working → Go to (12) 2. (B) Retired and unemployed 3. (C) Student 4. (D) Engaged in homemaking 5. (E) No longer doing housework] Go to (14)				

<p>(12) Occupation [Answer sheet 44] What type of work is ...currently engaged in?</p>	<p>1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operated a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing 6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helped out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other 10. Never worked → Go to (15)</p>	<p>1. (A) Employee (administrative position of general manager or higher, educator, researcher, engineer, etc.) 2. (B) Employee (office employee, salesperson, store clerk, etc.) 3. (C) Employee (construction worker; craftsperson; taxi, truck or limousine driver; etc.) 4. (D) Self-employed (operated a store, office, plant, etc.) 5. (E) Involved in agriculture, forestry, or fishing 6. (F) Self-employed (lawyer, physician, writer) 7. (G) Member of a family business (helped out with the family store, factory, farm, etc.) 8. (H) Part-time employee 9. (I) Other 10. Never worked → Go to (15)</p>
<p>(13) How long has ...been in this present position?</p>	<p>_____yrs.</p>	<p>_____yrs.</p>
<p>(14) Altogether, how many years has ...been working?</p>	<p>_____yrs.</p>	<p>_____yrs.</p>
<p>(15) Does health allow him/her to care for another person?</p>	<p>1. Yes 2. No</p>	<p>1. Yes 2. No</p>
<p>(16) Are you (and your husband/wife) receiving any form of support from...? (This is not limited to financial support.)</p>	<p>1. Yes → Go to (17) 2. No → Go to (18) 3. Not sure → Go to (18)</p> 	<p>1. Yes → Go to (17) 2. No → Go to (18) 3. Not sure → Go to (18)</p> 
<p>(17) [Answer sheet 45] Please explain the sort of support that you are receiving. (M.A.)</p>	<p>1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Other (Please explain:)</p>	<p>1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Other (Please explain:)</p>
<p>(18) Are you (and your husband/wife) providing any form of support to ...? (This is not limited to financial support.)</p>	<p>1. Yes → Go to (19) 2. No → Go to (20) 3. Not sure → Go to (20)</p> 	<p>1. Yes → Go to (19) 2. No → Go to (20) 3. Not sure → Go to (20)</p> 
<p>(19) [Answer sheet 46] Please explain the sort of support that you are providing. (M.A.)</p>	<p>1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Care of grandchildren 9. (I) Other (Please explain:)</p>	<p>1. (A) Financial 2. (B) Help with food/meals 3. (C) Help with housework, such as the laundry and cleaning 4. (D) Transportation/getting around 5. (E) Companionship 6. (F) Shopping and errands 7. (G) Consultation/advice for troubles 8. (H) Care of grandchildren 9. (I) Other (Please explain:)</p>
<p>(20) Are you currently living with...?</p>	<p>1. Yes → Go to (21) 2. No → Go to (22)</p> 	

(21) How long have you lived with ...?	1. From birth 2. Since _____ yrs. ago. → Proceed to questions on the child's spouse or the subject's next child.	
(22) [Answer sheet 47] Where do you live in relation to ...?	1. (A) Next door, the same neighborhood, adjacent townhouse/row house/segmented home, etc. 2. (B) In the same village, town or city 3. (C) In a region far away	
(23) How long would it take to reach ...'s home?	1. Walking 2. By bicycle 3. By car 4. By public transportation 5. Other (Please explain: _____) _____ hrs. _____ min	(Note to Interviewer) If this child's spouse is currently living with the subject, skip to the next section.
(24) Have you ever lived with ...before?	1. Yes 2. No	1. Yes 2. No
(25) [Answer sheet 48] How often do you get together with ...?	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't get together	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't get together
(26) [Answer sheet 48] How often do you speak on the phone with ...?	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't speak on the phone	1. (A) Almost everyday 2. (B) More than once a week 3. (C) Once a week 4. (D) Once every two weeks 5. (E) Once a month 6. (F) Several times a year 7. (G) Once a year 8. Don't speak on the phone
(27) Are you satisfied with your level of contact with ...?	1. Yes 2. No 3. Not sure	1. Yes 2. No 3. Not sure

[Living with One's Offspring]

[Note to interviewer] This set of questions should only be directed to those who responded that they resided with their children in Q6 and Q62.

Q 63. [Answer sheet 49] What is the main reason that you currently reside with your child(ren)?
(M.A.)

- | | |
|---------------------------------------------|--------------------------------------------------------|
| 1 (A) To provide financial support | 10 (J) To provide advice or be someone to talk to |
| 2 (B) To receive financial support | 11 (K) To receive advice |
| 3 (C) To help with the housework | 12 (L) My husband/wife passed away |
| 4 (D) To help care for grandchildren | 13 (M) My child(ren) isn't ready to be independent yet |
| 5 (E) To be looked after | 14 (N) Child isn't married yet |
| 6 (F) Child(ren)'s request | 15 (O) To provide my child(ren) with a place to live |
| 7 (G) Own request | 16 (P) The house is newly built |
| 8 (H) Wanted to be near my child(ren) | 17 (Q) Other (Please explain: _____) |
| 9 (I) Child(ren) provides emotional support | 18 Not sure |

[To all respondents]

Q64. (1) [Answer sheet 50] What is your (subject's) largest source of funds? Please select 3 main sources indicating their order of importance.

[Note to interviewer] Record a code (1-8) in one of the boxes provided.

[Code]	
1 (A) Income from work	(1) First source -----
2 (B) Publicly funded pension (national pension, welfare pension, mutual aid pension)	(2) Second source ---
3 (C) Severance pay or private pension	(3) Third source -----
4 (D) Savings, life insurance, bonds, stock	
5 (E) Financial support from children, grandchildren or relatives	
6 (F) Income in the form of rent from self-owned condominiums or real-estate	
7 (G) Other (Please explain: _____)	
8 Not sure	

[2] [Note to interviewer] Ask the next question only to those with surviving children. For those with no children, proceed directly to (3).

Do you plan to rely on your children (including adoptive or stepchildren) for support in your later years? Do you not plan on relying on your children for support? Or, have you not thought about this issue yet?

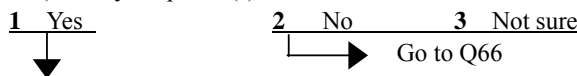
- 1 Plan to rely on children 2 Do not plan on relying on children 3 Haven't thought of issue yet

[3] [Answer sheet 51] How do you feel about the custom of children looking after their elderly parents? Please select one of the following.

- 1 (A) It's a good custom (tradition)
 2 (B) It's the child's duty
 3 (C) It's necessary, because facilities for caring for the elderly (convalescence homes) and the system (the pension system) aren't properly prepared for handling society's aged
 4 (D) It is not a good custom
 5 (E) Other (Please explain: _____)
 6 Not sure

[The Estate/Property]

Q 6 5. Have you (subject) or one of your (subject's) siblings ever received any form of inheritance (or bestowal while alive) from your parent(s)?



S Q. **{Answer sheet52}** Among which siblings was the property divided? Please do not include your mother nor any other relatives in the response.

- 1 (A) Eldest brother (or eldest sister, in the event that there is no eldest brother) was the only beneficiary
- 2 (B) All siblings were beneficiaries (Please explain:)
- 3 (C) Only the individuals that provided care for the parents while living were the beneficiary
- 4 (D) Other
- 5 Not sure

Q 66. **{Answer sheet53}** How would you like to use your assets, such as savings or real-estate? Please select only one of the following.

- 1 (A) Use them to support me (and my wife/husband).
- 2 (B) Leave them to my eldest son (or eldest daughter in the event that there is no eldest son)
- 3 (C) Leave them to all of my children
- 4 (D) Leave them to the individual who looked after me (and my wife/husband or parents)
- 5 (E) Leave them to the volunteer or medical facility who looked after or cared for me
- 6 (F) Other (Please explain:)
- 7 (G) I have no possessions to leave
- 8 Not sure

Q67. **{Answer sheet 54}** The next question concerns your (subject's) income. Approximately how much do you (subject) and your husband/wife (or in the event that the subject is widowed or divorced, then refer to the subject only) receive as income annually including bonuses before tax?

- 1 (A) Less than ¥500,000
- 2 (B) ¥500,000 to ¥1 million
- 3 (C) ¥1 million to ¥1.5 million
- 4 (D) ¥1.5 million to ¥2 million
- 5 (E) ¥2 to ¥3 million
- 6 (F) ¥3 to ¥4 million
- 7 (G) ¥4 to ¥5 million
- 8 (H) ¥5 to ¥6 million
- 9 (I) ¥6 to ¥8 million
- 10 (J) ¥8 to ¥10 million
- 11 (K) ¥10 to ¥12 million
- 12 (L) ¥12 to ¥15 million
- 13 (M) More than ¥15 million
- 14 Not sure

Q 68. As society changes, various issues arise. The following is about these issues.

{1} Have you ever heard of alcoholism?

1 Yes
↓

2 No
→ Go to (2)

{SQ1} Do you know of anyone who is suffering from alcoholism (do you know anyone who is an alcoholic)?

1 Yes

2 No

{2} Have you ever heard of abuse of the elderly?

1 Yes
↓

2 No
→ Go to the section marked "(Telephone Number)."

{SQ1} What do you consider to constitute abuse of the elderly? Please tell me what in particular you personally would believe to be abuse of the elderly. (M.A.)

[Note to interviewer] Rather than reading the list of choices and having the subject select one, encourage the subject to offer his or her own opinion on the topic. Then, look among the choices and select the response closest to the opinion offered by the subject. If none of the choices seem suitable, then record the opinion of the subject under "7. Other."

- 1 Verbal abuse or language designed to hurt or cause pain
- 2 Withholding of food or meals, or providing only crude meals
- 3 Treating as if a nuisance
- 4 Children not taking care of their elderly parents, but instead moving them into a nursing home or convalescence center.
- 5 Treating senior citizens like feeble, helpless people and not allowing them freedom or independence
- 6 Commandeering funds and not allowing the senior citizen to use his or her own funds
- 7 Other (Please explain:)

