



COSEE-West and the Santa Monica Pier Aquarium

invite you to the 4th free lecture in their 2007-2008 series

7:00 - 8:30 pm, Thursday, August 21, 2008

in the **Santa Monica Public Library's**
Martin Luther King Jr. Auditorium

601 Santa Monica Boulevard, Santa Monica, CA 90401

"How 'Green' is your Seafood? Making Ocean-Friendly Seafood Purchases"

Speaker: Sheila Bowman

Seafood Watch Outreach Manager, Monterey Bay Aquarium

As worldwide demand for seafood grows, so does the pressure on our oceans to provide food for a hungry planet. Now, more than ever, our choices at the seafood counter and in restaurants impact what happens in the ocean. Sheila Bowman will talk about the current state of seafood systems, issues surrounding fisheries and aquaculture, how those issues translate into stories about our favorite fish, and actions that each person can take to really have an impact on the health of our ocean. Sheila will provide Monterey Bay Aquarium's Seafood Watch pocket guides, which make seafood choices easier. Come learn how your favorite seafood rates as a "green" choice and how you can choose seafood that is both delicious *and* good for the oceans!

Since 1999 the Seafood Watch program of the Monterey Bay Aquarium has helped people understand how our seafood choices can make a difference in the health of our oceans. Salmon, shrimp, tuna—America's three favorite seafoods are probably on your list too. Learn about how the choices that we make everyday at the store or restaurant really do affect the health of the ocean.

Sheila Bowman works with restaurants and aquariums across the country to help people understand how their seafood choices can help preserve the ocean.

A question and answer session will follow the talk.

The library café will be open to purchase refreshments.

Parking structure rate is \$1.00 per hour.

This event is sponsored by Heal the Bay and COSEE-West
(Center for Ocean Sciences Education Excellence)

(This program is not sponsored by the Santa Monica Public Library.)

Educators, please pre-register to receive supporting content packets

by e-mail to cosee.west@gmail.com

or call the UCLA COSEE-West office, 310-206-8247

For directions to the Santa Monica Library, visit
<http://www.smpl.org/depts/branches/index.htm>

For information about the COSEE-West program, visit <http://www.usc.edu/org/cosee-west/>