

# DIALOGUES

## I N C O N T R A C E P T I O N<sup>®</sup>



### Post-Test

The following Post-Test contains 10 multiple-choice questions based on information contained in the *Dialogues in Contraception*<sup>®</sup>, Volume 9, Number 4, newsletter. It is designed to enable practitioners to assess the knowledge they have gained from the newsletter and to identify areas for further study.

On the Answer Sheet, fill in all identifying information requested. Complete the Answer Sheet by circling, in each case, the one response that most accurately answers the question.

- Dysfunctional uterine bleeding (DUB) is defined as abnormal uterine bleeding:
  - caused by reproductive tract disease
  - caused by a systemic disorder
  - caused by an iatrogenic factor
  - with no organic cause
- In women with DUB, cyclic use of combination hormonal contraceptive methods is **not** effective for:
  - cycle regulation
  - reduction of menstrual blood loss (MBL)
  - inducing amenorrhea
  - prevention of endometrial hyperplasia
- Control of DUB with use of progestin-only methods is generally as successful as with use of combination hormonal methods.
  - True
  - False
- In the treatment of DUB, the levonorgestrel-releasing intrauterine system:
  - causes epithelial atrophy in the endometrium which reduces MBL
  - is more expensive than endometrial resection
  - is less successful than endometrial resection
  - does not produce irregular bleeding
- Major risk factors for arterial thrombosis include:
  - cigarette smoking
  - uncontrolled hypertension
  - inherited genetic mutations
  - all of the above
- Among individuals with venous thromboembolism (VTE), the genetic deficiencies of protein S, protein C, and antithrombin III are found in:
  - 5% to 15%
  - 20% to 30%
  - 40% to 60%
  - 95%
- The vast majority of the evidence indicates that use of estrogen-containing contraceptive methods does not increase risk of stroke or myocardial infarction (MI) in reproductive-age, normotensive, non-smoking women with no other risk factors for cardiovascular disease.
  - True
  - False
- The risk of VTE attributable to use of combination oral contraceptives (COCs) per 10,000 woman-years of use is:
  - 1 additional case
  - 2 to 3 additional cases
  - 4 to 5 additional cases
  - 6 additional cases
- Relative contraindications for use of combination hormonal methods include:
  - diabetes with vascular involvement
  - migraine with aura
  - hypercholesterolemia
  - smoking over age 35
- Compared with pregnancy, the absolute risk of VTE associated with use of combination hormonal contraceptive methods is:
  - half as high
  - equal
  - twice as high
  - six times as high

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## IN CONTRACEPTION®



### Post-Test Answer Sheet

- |    |   |   |   |   |     |   |   |   |   |
|----|---|---|---|---|-----|---|---|---|---|
| 1. | a | b | c | d | 6.  | a | b | c | d |
| 2. | a | b | c | d | 7.  | a | b |   |   |
| 3. | a | b |   |   | 8.  | a | b | c | d |
| 4. | a | b | c | d | 9.  | a | b | c | d |
| 5. | a | b | c | d | 10. | a | b | c | d |

### CME or Nursing Contact Hour Enrollment

(PRINT)  
NAME \_\_\_\_\_ DEGREE \_\_\_\_\_  
FIRST LAST

MEDICAL LICENSE # \_\_\_\_\_ TELEPHONE NUMBER \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

SPECIALTY \_\_\_\_\_ E-MAIL \_\_\_\_\_

#### METHOD OF PAYMENT

- Check (payable to USC or NPWH)  
 Credit Card

Visa/MasterCard # \_\_\_\_\_ Expiration Date \_\_\_\_\_

Authorized Signature \_\_\_\_\_ Amount \$ \_\_\_\_\_

To receive CME credit, please mail a check for \$15.00 (payable to USC) or credit card information and this Answer Sheet to:  
**Office of Continuing Education, Keck School of Medicine of the University of Southern California**  
1975 Zonal Avenue, KAM 317, Los Angeles, CA 90033-1039  
(323) 442-2555 or (800) USC-1119 – FAX (323) 442-2152 (for credit card payment only)  
Certificates will be sent approximately one month after submission.

To receive nursing contact hours, please mail a check for \$15.00 (payable to NPWH) or credit card information and this Answer Sheet to:  
**National Association of Nurse Practitioners in Women's Health**  
505 C Street NE, Washington, DC 20002  
(202) 543-9693 – FAX (202) 543-9858 (for credit card payment only)

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## IN CONTRACEPTION®



### Evaluation Questionnaire

We would appreciate your comments.  
Please return completed questionnaire to our toll-free fax number: (888) 665-8650.

1. How long did it take you to complete this CME activity? \_\_\_\_\_

2. I found the content (check appropriate boxes):

Not practical  Very practical

Moderately practical

Poorly written  Expertly written

Well written

Too difficult  Too easy

Moderately difficult

3. The stated objectives were achieved.  Yes  No

4. The examination questions were:

Too difficult  Too short  Poorly written

Too easy  Too long  Well written

5. Did you find the program:

Biased for or against any particular drug?  Yes  No

If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

Fairly balanced in terms of treatment options?  Yes  No

If no, please explain: \_\_\_\_\_

\_\_\_\_\_

Suggestions for future topics: \_\_\_\_\_

\_\_\_\_\_

Additional comments: \_\_\_\_\_

\_\_\_\_\_

Name (optional): \_\_\_\_\_