

# DIALOGUES

## I N C O N T R A C E P T I O N <sup>TM</sup>



### Post-Test

The following Post-Test contains 10 multiple-choice questions based on information contained in the *Dialogues in Contraception*<sup>TM</sup>, Volume 8, Number 3, newsletter. It is designed to enable practitioners to assess the knowledge they have gained from the newsletter and to identify areas for further study.

On the Answer Sheet, fill in all identifying information requested. Complete the Answer Sheet by circling, in each case, the one response that most accurately answers the question.

- Each year in the United States, about 3 million unintended pregnancies occur, accounting for about what proportion of all pregnancies in American women?
  - one-third
  - two-thirds
  - half
  - three-quarters
- Studies have demonstrated that the use of any contraceptive method compared with use of no method saves health care costs by preventing unintended pregnancies.
  - true
  - false
- In the Sonnenberg et al cost-utility pharmacoeconomic model analysis of contraceptive methods, the most cost-effective group of methods over 2 years of use was:
  - those with the highest failure rates
  - those requiring use at time of coitus
  - those with the lowest acquisition cost
  - those requiring user intervention less frequently than every day
- Laws requiring prescription contraceptive health care coverage have been passed by:
  - 15 states
  - 20 states
  - 35 states
  - all 50 states
- According to data gathered in 2001 by the Kaiser Family Foundation, what percentage of insured employees had plans that covered all reversible contraceptives?
  - 21%
  - 31%
  - 41%
  - 51%
- The Institute for Women's Policy Research estimated that cost savings associated with reduction in incidences of various conditions through use of OCs (and other combination hormonal methods) by more women would be greatest for which of the following?
  - ovarian cysts
  - pelvic inflammatory disease
  - endometrial and ovarian cancers
  - benign breast disease
- Several studies have reported that the use of low-estrogen-dose ( $\leq 35$  mcg) OCs does not increase risk of ischemic or hemorrhagic stroke or myocardial infarction in nonsmoking, normotensive users, compared with OC nonusers.
  - true
  - false
- With regard to whether or not they should use OCs, former smokers (ie, those who have stopped smoking for at least 6 consecutive months) should be considered:
  - current smokers until they have abstained for more than 1 year
  - equivalent to nonsmokers
  - to have a contraindication to OC use if they are aged over 35
  - suitable for use only of OCs containing more than 35 mcg of estrogen
- The prevalence of smoking is highest among which group of women?
  - women aged 18 to 24
  - women aged 15 to 20
  - women aged 40 to 55
  - women aged 45 to 55
- Before they are successful, smokers on average make three to four serious attempts to quit smoking over what period of time?
  - 1 to 2 years
  - 3 to 4 years
  - 4 to 6 years
  - 7 to 10 years

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## IN CONTRACEPTION™



### Post-Test Answer Sheet

- |    |   |   |   |   |     |   |   |   |   |
|----|---|---|---|---|-----|---|---|---|---|
| 1. | a | b | c | d | 6.  | a | b | c | d |
| 2. | a | b |   |   | 7.  | a | b |   |   |
| 3. | a | b | c | d | 8.  | a | b | c | d |
| 4. | a | b | c | d | 9.  | a | b | c | d |
| 5. | a | b | c | d | 10. | a | b | c | d |

### CME or Nursing Contact Hour Enrollment

(PRINT)  
NAME \_\_\_\_\_ DEGREE \_\_\_\_\_  
FIRST LAST

SS# \_\_\_\_\_ TELEPHONE NUMBER \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

SPECIALTY \_\_\_\_\_ E-MAIL \_\_\_\_\_

#### METHOD OF PAYMENT

- Check (payable to USC or NPWH)  
 Credit Card

Visa/MasterCard # \_\_\_\_\_ Expiration Date \_\_\_\_\_

Authorized Signature \_\_\_\_\_ Amount \$ \_\_\_\_\_

To receive CME credit, please mail payment of \$15.00 or credit card information and this Answer Sheet to:

The Associate Dean, Office of Continuing Education, Keck School of Medicine of the University of Southern California  
1975 Zonal Avenue, KAM 317, Los Angeles, CA 90033-1039  
(323) 442-2555 or (800) USC-1119 – FAX (323) 442-2152 (for credit card payment only)

To receive nursing contact hours, please mail payment of \$15.00 or credit card information and this Answer Sheet to:

National Association of Nurse Practitioners in Women's Health  
503 Capitol Court NE, Suite 300, Washington, DC 20002  
(202) 543-9693 – FAX (202) 543-9858 (for credit card payment only)

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## IN CONTRACEPTION™



### Evaluation Questionnaire

We would appreciate your comments.  
Please return completed questionnaire to our toll-free fax number: (888) 665-8650.

1. How long did it take you to complete this CME activity? \_\_\_\_\_

2. I found the content (check appropriate boxes):

Not practical  Very practical

Moderately practical

Poorly written  Expertly written

Well written

Too difficult  Too easy

Moderately difficult

3. The stated objectives were achieved.  Yes  No

4. The examination questions were:

Too difficult  Too short  Poorly written

Too easy  Too long  Well written

5. Did you find the program:

Biased for or against any particular drug?  Yes  No

If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

Fairly balanced in terms of treatment options?  Yes  No

If no, please explain: \_\_\_\_\_

\_\_\_\_\_

Suggestions for future topics: \_\_\_\_\_

\_\_\_\_\_

Additional comments: \_\_\_\_\_

\_\_\_\_\_

Name (optional): \_\_\_\_\_