

DIALOGUES

I N C O N T R A C E P T I O N TM



Post-Test

The following Post-Test contains 10 multiple-choice questions based on information contained in the *Dialogues in Contraception*TM, Volume 8, Number 5, newsletter. It is designed to enable practitioners to assess the knowledge they have gained from the newsletter and to identify areas for further study.

On the Answer Sheet, fill in all identifying information requested. Complete the Answer Sheet by circling, in each case, the one response that most accurately answers the question.

- According to a 1999 survey, what percentage of US women aged 15 to 50 use intrauterine devices (IUDs) for contraception?
 - 1%
 - 11%
 - 21%
 - 31%
- Evidence suggests that the **primary** mechanism of action of IUDs is NOT:
 - interference with sperm transport, function, and survival in the fallopian tubes
 - foreign-body inflammatory reaction in the uterus
 - inhibition of embryonic implantation
 - thickening and increase in amount of cervical mucus
- Women at risk for sexually transmitted infections (ie, multiple sex partners, partner with multiple sex partners) should not use IUDs.
 - True
 - False
- Among the noncontraceptive health benefits associated with IUD use is:
 - reduction in risk of genital actinomycosis
 - increased bone density
 - reduction in risk of endometrial cancer
 - reduction in risk of colorectal cancer
- The primary side effect for both the Copper T 380A IUD and the levonorgestrel-releasing IUD is:
 - headaches
 - pelvic pain
 - bleeding pattern alterations
 - breast tenderness
- Any pain occurring during IUD insertion may be ameliorated with use of any of the following EXCEPT:
 - ibuprofen or naproxen sodium 1 hour before insertion
 - COX inhibitor 1 hour before insertion
 - vaginal administration of misoprostol 4 to 12 hours before insertion
 - use of the tenaculum to straighten the uterus
- The term "cultural competence" for clinicians reflects:
 - the importance of speaking multiple languages
 - maintaining a narrowly defined biomedical approach to patient care
 - responding effectively to the health care needs of patients from diverse cultural backgrounds
 - making direct eye contact with all patients
- Which of the following statements is a common misperception among women about contraception?
 - Use of IUDs causes pelvic inflammatory disease.
 - Use of combination hormonal contraceptives does not cause infertility.
 - Fully breastfeeding women do not need contraception until the third postpartum month.
 - Lactating women may begin use of depot medroxyprogesterone acetate immediately following childbirth.
- All of the following can help facilitate appropriate method choice EXCEPT:
 - differentiating available methods in terms of duration of action, user involvement, and side-effect profiles
 - eliciting each woman's preferences and attitudes
 - dispelling myths and misperceptions
 - telling the woman which one method is best for her
- Which of the following can support a woman's successful and persistent contraceptive use?
 - providing anticipatory guidance about common side effects
 - periodically reassessing her satisfaction with her current method
 - describing newly available contraceptive options as contraceptive needs change
 - all of the above

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Post-Test Answer Sheet

- | | | | | | | | | | |
|----|---|---|---|---|-----|---|---|---|---|
| 1. | a | b | c | d | 6. | a | b | c | d |
| 2. | a | b | c | d | 7. | a | b | c | d |
| 3. | a | b | | | 8. | a | b | c | d |
| 4. | a | b | c | d | 9. | a | b | c | d |
| 5. | a | b | c | d | 10. | a | b | c | d |

CME or Nursing Contact Hour Enrollment

(PRINT)
NAME _____ DEGREE _____
FIRST LAST

MEDICAL LICENSE # _____ TELEPHONE NUMBER _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

SPECIALTY _____ E-MAIL _____

METHOD OF PAYMENT

- Check (payable to USC or NPWH)
 Credit Card

Visa/MasterCard # _____ Expiration Date _____

Authorized Signature _____ Amount \$ _____

To receive CME credit, please mail payment of \$15.00 or credit card information and this Answer Sheet to:

The Associate Dean, Office of Continuing Education, Keck School of Medicine of the University of Southern California
1975 Zonal Avenue, KAM 317, Los Angeles, CA 90033-1039
(323) 442-2555 or (800) USC-1119 – FAX (323) 442-2152 (for credit card payment only)

To receive nursing contact hours, please mail payment of \$15.00 or credit card information and this Answer Sheet to:

National Association of Nurse Practitioners in Women's Health
503 Capitol Court NE, Suite 300, Washington, DC 20002
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Evaluation Questionnaire

We would appreciate your comments.
Please return completed questionnaire to our toll-free fax number: (888) 665-8650.

1. How long did it take you to complete this CME activity? _____

2. I found the content (check appropriate boxes):

- Not practical
- Moderately practical
- Poorly written
- Well written
- Too difficult
- Moderately difficult
- Very practical
- Expertly written
- Too easy

3. The stated objectives were achieved. Yes No

4. The examination questions were:

- Too difficult
- Too easy
- Too short
- Too long
- Poorly written
- Well written

5. Did you find the program:

Biased for or against any particular drug? Yes No

If yes, please explain: _____

Fairly balanced in terms of treatment options? Yes No

If no, please explain: _____

Suggestions for future topics: _____

Additional comments: _____

Name (optional): _____