

# DIALOGUES

## I N C O N T R A C E P T I O N <sup>TM</sup>



### Post-Test

The following Post-Test contains 10 multiple-choice questions based on information contained in the *Dialogues in Contraception*<sup>TM</sup>, Volume 9, Number 1, newsletter. It is designed to enable practitioners to assess the knowledge they have gained from the newsletter and to identify areas for further study.

On the Answer Sheet, fill in all identifying information requested. Complete the Answer Sheet by circling, in each case, the one response that most accurately answers the question.

- Endocrinologic changes during the perimenopause include:
  - decreased production of follicle-stimulating hormone
  - decreased production of inhibin
  - unaltered production of serum estradiol
  - decreased production of luteinizing hormone
- Reduction in perimenopausal vasomotor symptoms is associated with use of which of the following contraceptive methods?
  - progestin-only OCs
  - levonorgestrel-releasing IUD
  - copper IUD
  - depot medroxyprogesterone acetate
- A meta-analysis of five cohort studies and 14 case-control studies found a reduction of at least what percentage in risk of colon cancer and rectal cancer combined among OC ever-users?
  - 6%
  - 16%
  - 26%
  - 36%
- Counseling of perimenopausal women should emphasize:
  - the sustained risk of unintended pregnancy
  - the various health benefits offered by different contraceptive methods
  - that steroid doses in postmenopausal hormone therapy are too low to suppress ovulation
  - all of the above
- Many clinicians recommend that women continue using contraception until age \_\_\_\_, when the likelihood of ovulation is very low.
  - 51
  - 52
  - 54
  - 55
- Bleeding problems during contraceptive use may indicate incorrect or inconsistent regimen adherence.
  - True
  - False
- OC users who smoke were found to have what percentage higher frequency of unscheduled bleeding/spotting than nonsmoking OC users?
  - 37%
  - 47%
  - 57%
  - 67%
- The rate of consistent, correct transdermal patch use among users aged less than 20 years was \_\_\_\_.
  - 68%
  - 78%
  - 88%
  - 98%
- Adherent combination OC users with bleeding problems may have better results with:
  - a higher-estrogen-dose OC formulation
  - an OC formulation containing a different progestin
  - a combination agent with a different delivery route (patch, vaginal ring)
  - any of the above
- There are no data indicating that use of depot medroxyprogesterone acetate has been causally related to fractures.
  - True
  - False

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### Post-Test Answer Sheet

- |    |   |   |   |   |     |   |   |   |   |
|----|---|---|---|---|-----|---|---|---|---|
| 1. | a | b | c | d | 6.  | a | b |   |   |
| 2. | a | b | c | d | 7.  | a | b | c | d |
| 3. | a | b | c | d | 8.  | a | b | c | d |
| 4. | a | b | c | d | 9.  | a | b | c | d |
| 5. | a | b | c | d | 10. | a | b |   |   |

### CME or Nursing Contact Hour Enrollment

(PRINT)  
NAME \_\_\_\_\_ DEGREE \_\_\_\_\_  
FIRST LAST

MEDICAL LICENSE # \_\_\_\_\_ TELEPHONE NUMBER \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

SPECIALTY \_\_\_\_\_ E-MAIL \_\_\_\_\_

#### METHOD OF PAYMENT

- Check (payable to USC or NPWH)  
 Credit Card

Visa/MasterCard # \_\_\_\_\_ Expiration Date \_\_\_\_\_

Authorized Signature \_\_\_\_\_ Amount \$ \_\_\_\_\_

To receive CME credit, please mail payment of \$15.00 or credit card information and this Answer Sheet to:  
**The Associate Dean, Office of Continuing Education, Keck School of Medicine of the University of Southern California**  
1975 Zonal Avenue, KAM 317, Los Angeles, CA 90033-1039  
(323) 442-2555 or (800) USC-1119 – FAX (323) 442-2152 (for credit card payment only)  
Certificates will be sent approximately one month after submission.

To receive nursing contact hours, please mail payment of \$15.00 or credit card information and this Answer Sheet to:  
**National Association of Nurse Practitioners in Women's Health**  
503 Capitol Court NE, Suite 300, Washington, DC 20002  
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